



National and Kapodistrian
UNIVERSITY OF ATHENS

INVESTIGATING THE USE OF OLEUROPEIN AS PROPHYLACTIC AND THERAPEUTIC TREATMENT IN CARDIOVASCULAR DISEASES.

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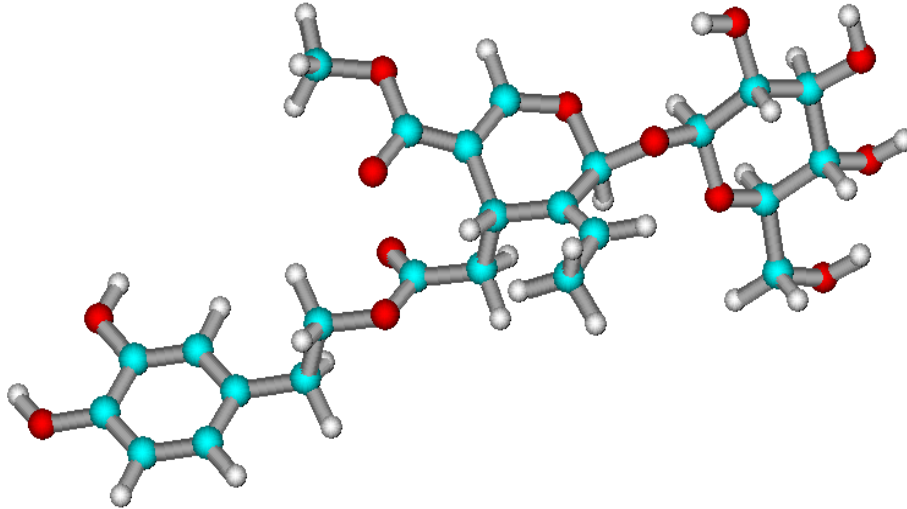


Data from clinical studies indicate that compounds present in the olive oil are exhibiting antioxidant activities and can view additional beneficial effects as pharmacological intervention in the management of patients with coronary artery disease

Olea europaea L. leaf constituents possess proven beneficial results on myocardial oxidative stress and atherosclerosis. **Basic research is mandatory to evaluate the cardioprotective effects of olive leaf constituents in order to investigate plant origin compounds as pharmacological tools for the prevention and the protection of heart diseases.**



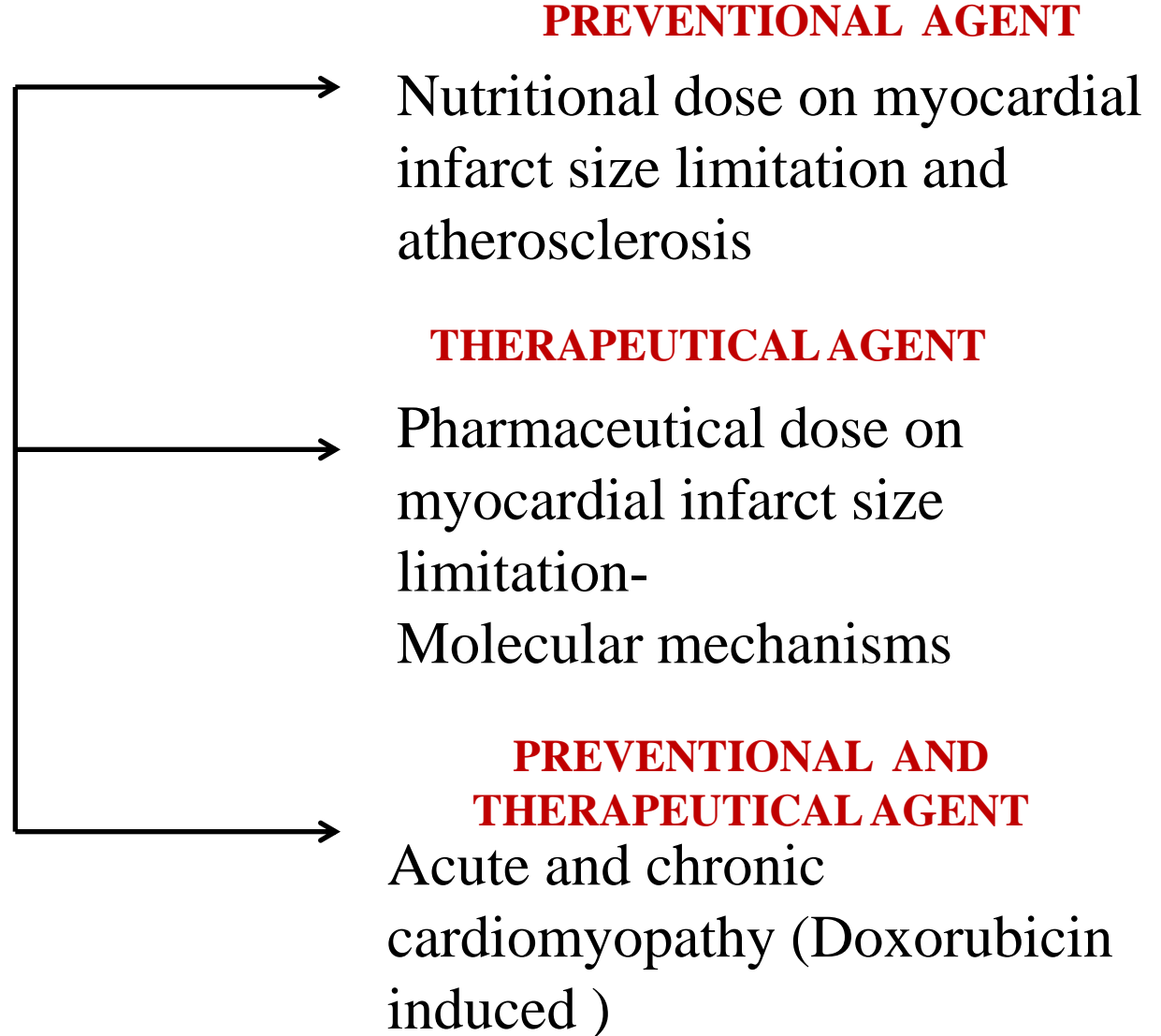
OLEUROPEIN



- Polyphenolic compound
- Compound of olives and olive oil (*Olea europaea*)
- **Effect:** Antioxidant



OLEUROPEIN



Plaque rupture or erosion



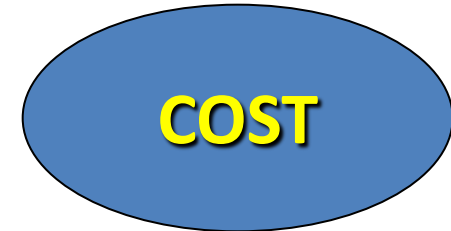
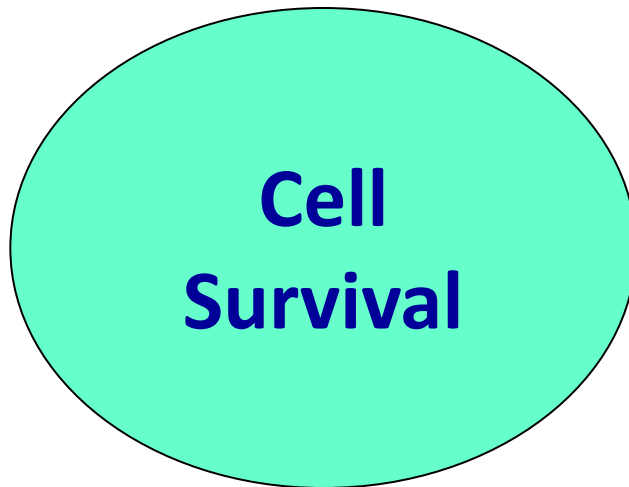
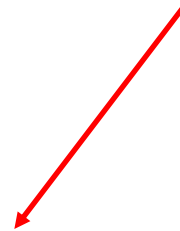
Acute thrombosis

Necrosis



Thrombolysis or PCI

Flow restoration



Reperfusion Injury

Cell Death

Endothelial dysfunction

Arrhythmias





The biggest progress on the comprehension of the mechanism of cell survival is noted on 1986.

40min

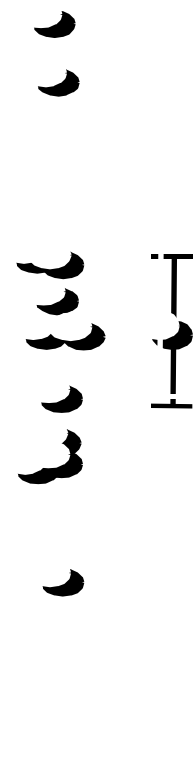
% INFARCTION OF RISK ZONE

40
30
20
10
0

CONTROL

PRECONDITIONED

Murry et al.,
Circulation
74:1124,1986



Ischemic preconditioning, IPC

Ischemic postconditioning,
IPost

New ischemic syndromes are situations in which ischemia causes not only the known harmful effects, but also contributes to the self-defense of the myocardium to survive in adverse conditions and under certain circumstances to its protection.

Remote ischemic
preconditioning, RIPC

Remote ischemic
postconditioning, RIPost

A



Ischaemic preconditioning



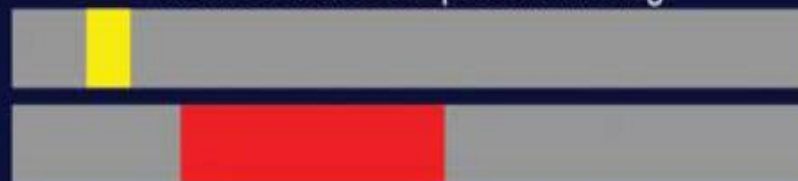
Delayed ischaemic preconditioning



Ischaemic postconditioning



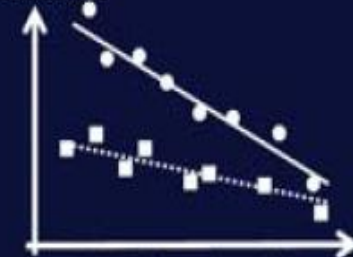
Remote ischaemic preconditioning



Remote Perconditioning



Infarct size



Residual blood flow

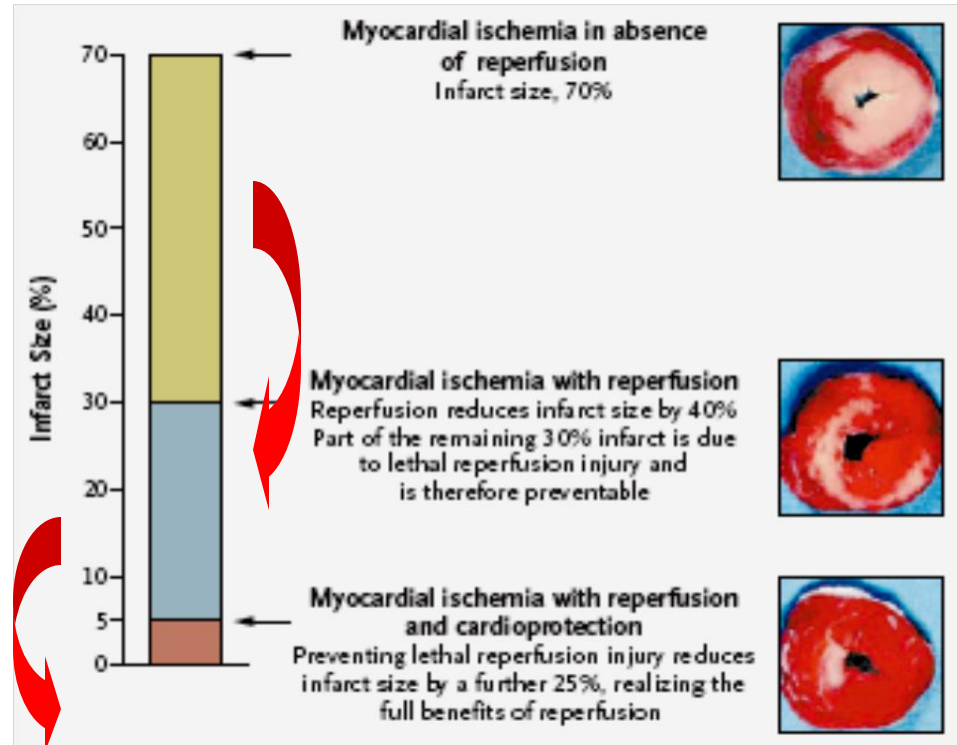
C



Reperfusion injury is an entity separate from ischemic injury

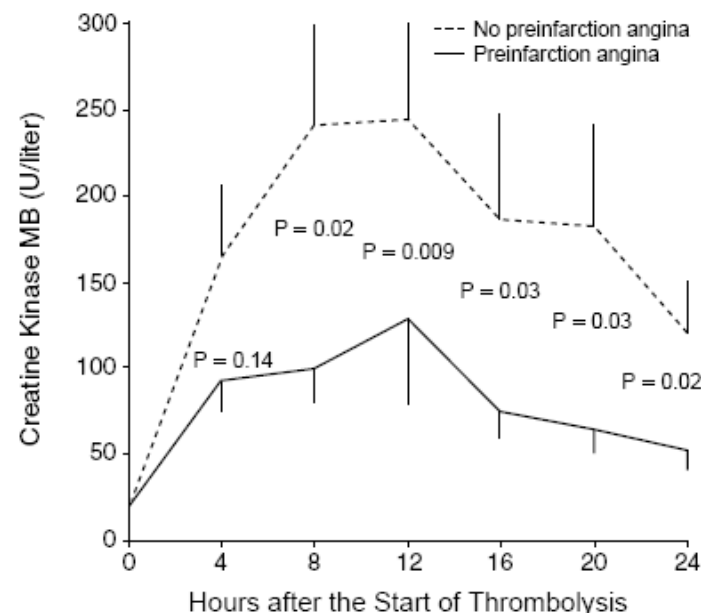
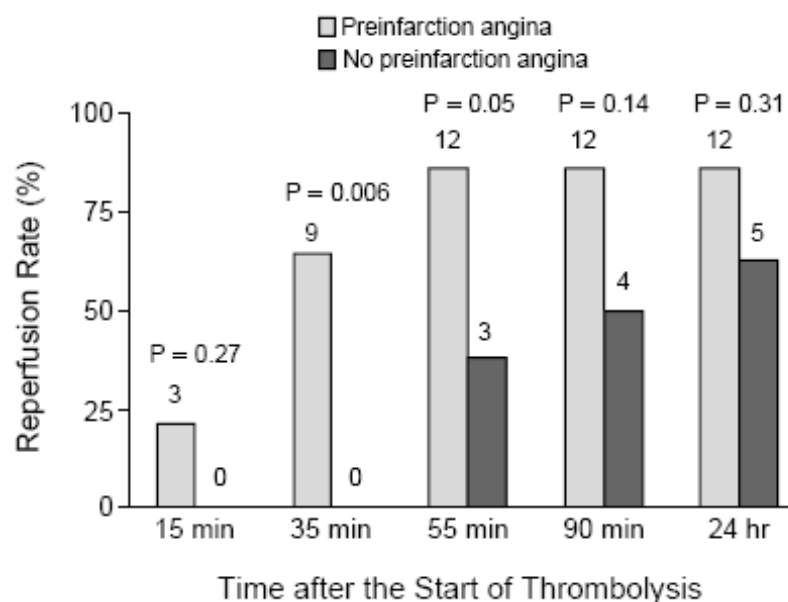
- Cell Death
- Stunning
- Endothelial dysfunction
- Arrhythmias
- Apoptosis

PC and PostC
protect from *R.I.*



PREINFARCTION ANGINA AS A PREDICTOR OF MORE RAPID CORONARY THROMBOLYSIS IN PATIENTS WITH ACUTE MYOCARDIAL INFARCTION

FELICITA ANDREOTTI, M.D., PH.D., VINCENZO PASCERI, M.D., DAVID R. HACKETT, M.D.,
GRAHAM J. DAVIES, M.D., AGHA W. HAIDER, M.D., AND ATTILIO MASERI, M.D.



It has been suggested that the benefit of preinfarction angina with respect to infarct size is determined by ischemic preconditioning. We propose that this benefit may depend on faster coronary thrombolysis, in addition to or instead of myocardial preconditioning.



Pharmacological preconditioning and postconditioning
thus represents an ideal alternative to preconditioning and
greater effort needs to be exerted to invent
pharmacological tools that mimic high-grade
preconditioning

- Development of novel drugs that mimic ischemic preconditioning may result
- in increased tolerance to effort angina,
- may limit the infarct size in acute coronary syndromes and
- may better preserve the left ventricular function after PCI or open heart surgery.

Andreadou I, Iliodromitis EK., Mini Rev Med Chem, 15: 1304-1313, 2008.

Andreadou I, Iliodromitis EK, et al., Curr Med Chem, 15: 1304-1313, 2008.

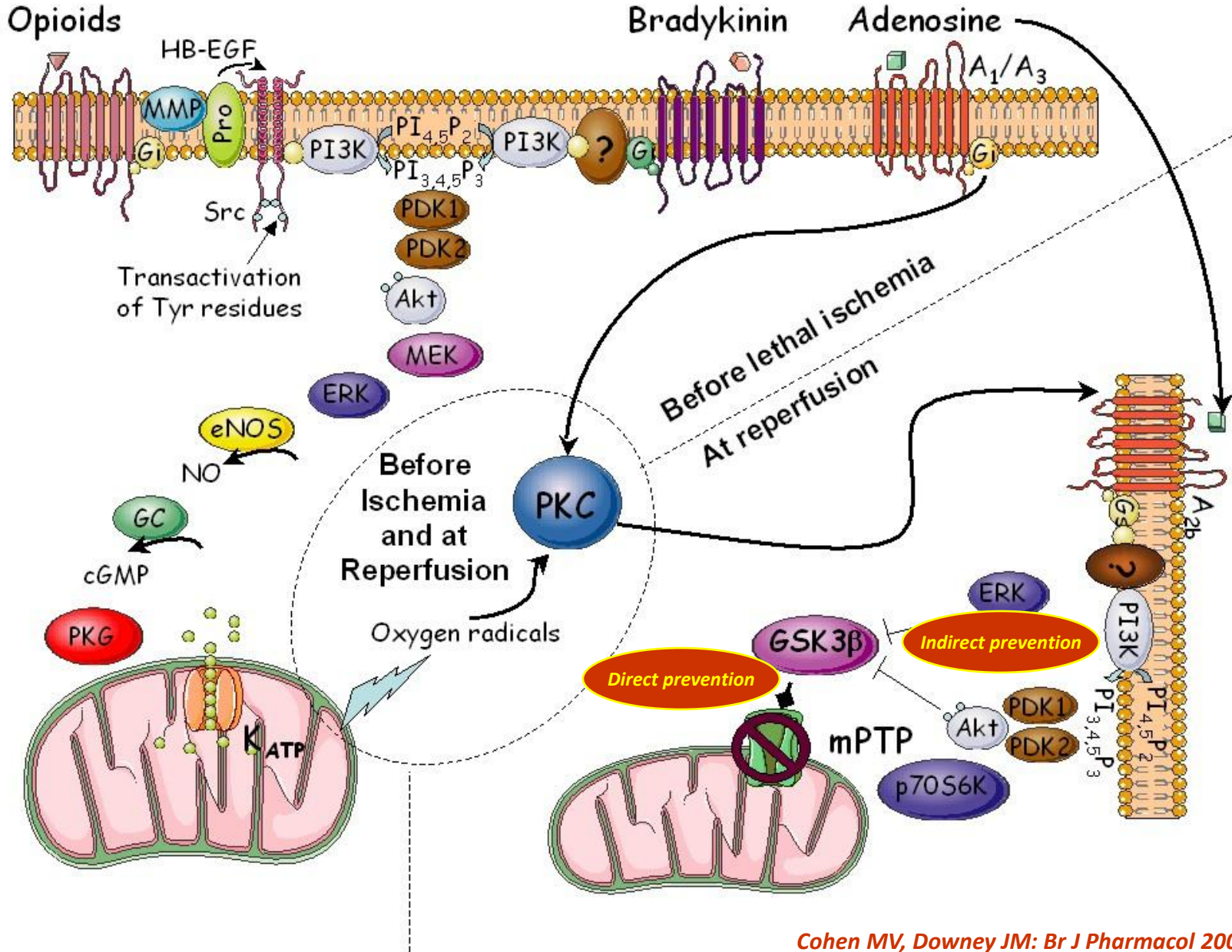


NUTRITIONAL PRECONDITIONING

- The nutritional intervention that provides equivalent cardioprotection to IPC by prior exposure.
- Mimic the signal transduction of ischemic preconditioning

Abdukeyum GG, Owen AJ, McLennan PL, J Nutrition, 138: 1902-9, 2008

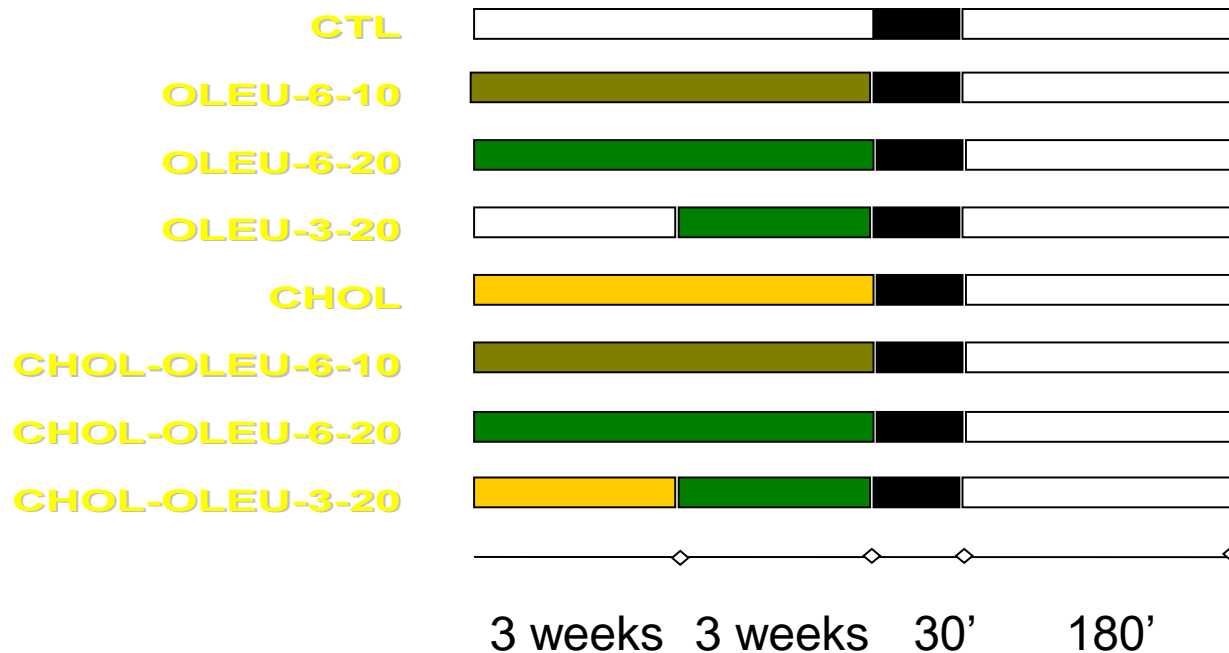
PRECONDITIONING





The Olive Constituent Oleuropein Exhibits Anti-Ischemic, Antioxidative, and Hypolipidemic Effects in Anesthetized Rabbits^{1,2}

Ioanna Andreadou,^{3,4*} Efstathios K. Iliodromitis,³ Emmanuel Mikros,⁴ Maria Constantinou,⁴ Apostolos Agalias,⁵ Prokopios Magiatis,⁵ Alexios Leandros Skaltsounis,⁵ Elli Kamber,⁶ Anna Tsantili-Kakoulidou,⁴ and Dimitrios Th Kremastinos³





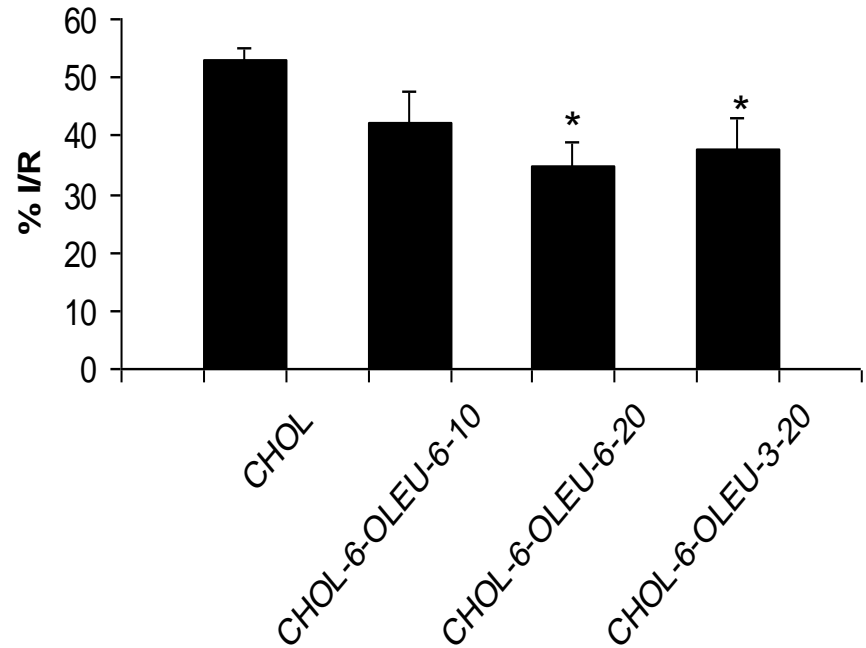
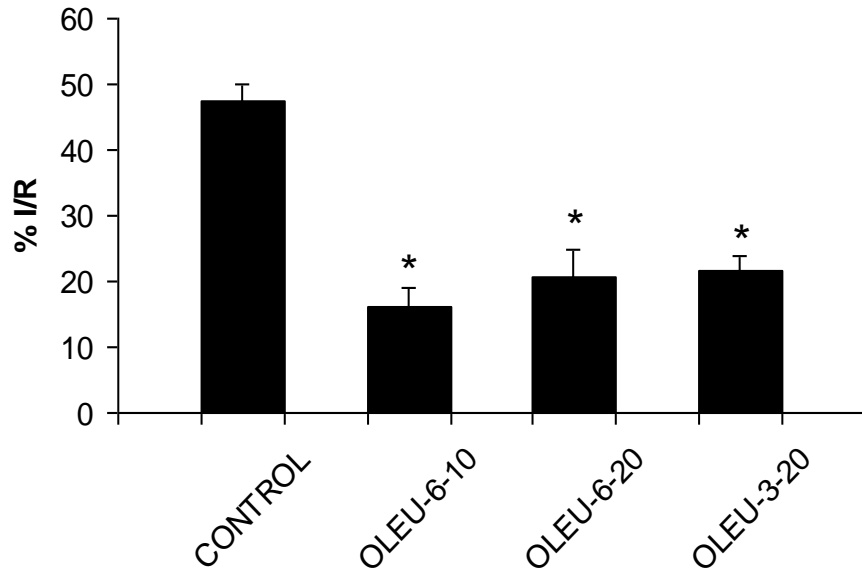
Dosage protocol

Dosage protocol. The dose used in the in vivo experiments was based on the average consumption of olive drupes and olive oil (17) in the Mediterranean area. Oleuropein is the major polyphenol of olive tree leaves, unprocessed drupes, and bitter table olives. The majority of polyphenolic metabolites found in olives or in olive oil (hydroxytyrosol, oleuropein aglycone, demethyloleuropein, elenolic acid) originate from the hydrolysis of oleuropein (18). Therefore, we expressed total polyphenol consumption from olive drupes or olive oil as the molecular equivalent of oleuropein, calculated to be ~ 100 mg/d.

For the extrapolation of the dosage from humans to rabbits, we used the metabolic body size or food intake rather than body weight as a criterion (19). The estimated quantity of oleuropein expressed per unit of human diet was 0.2 mg/g of dry food. Considering an energy density of ~ 16.4 kJ/g of dry food, the dose was calculated to be 0.012 mg/kJ. For rabbits, this consumption corresponded to a dose of 10 mg/(kg body weight·d). A higher dose of 20 mg/(kg·d) was also given to test for a dose response.

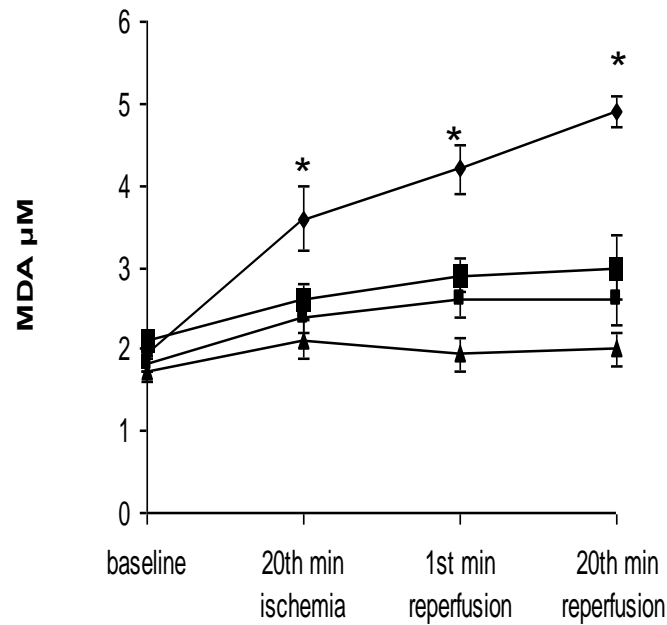


Chronic treatment of oleuropein reduces myocardial infarct size in normal fed rabbits and in higher doses in cholesterol fed rabbits

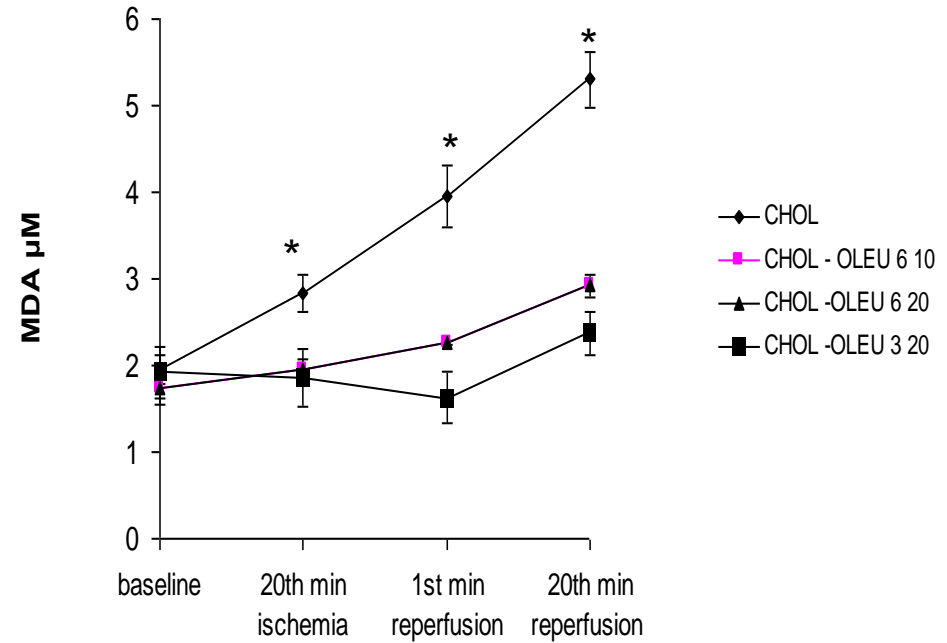




Oleuropein reduces circulatory lipid peroxidation products during myocardial ischemia/reperfusion



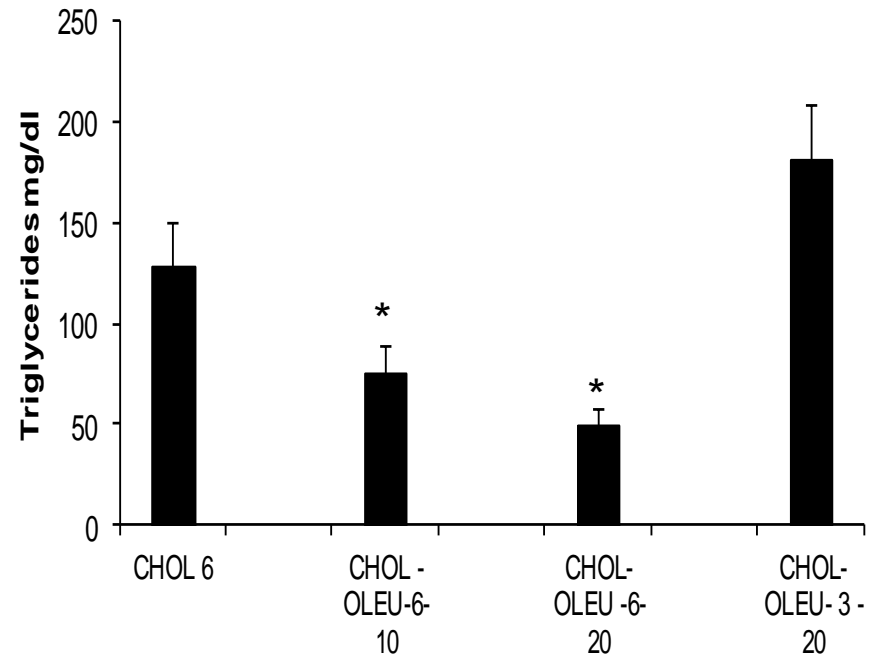
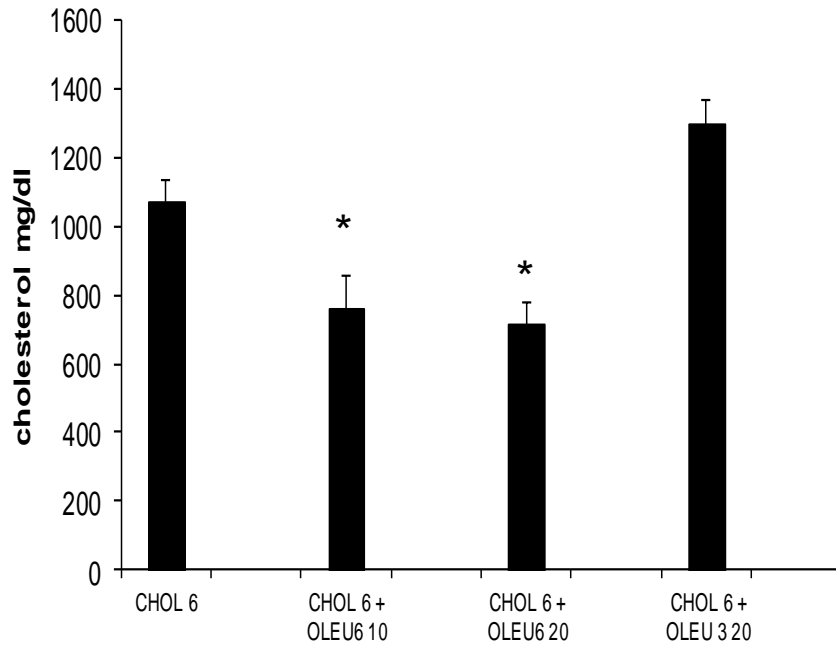
◆ CTL
■ OLEU 6 10
▲ OLEU 6 20
■ OLEU 3 20



◆ CHOL
■ CHOL - OLEU 6 10
▲ CHOL - OLEU 6 20
■ CHOL - OLEU 3 20

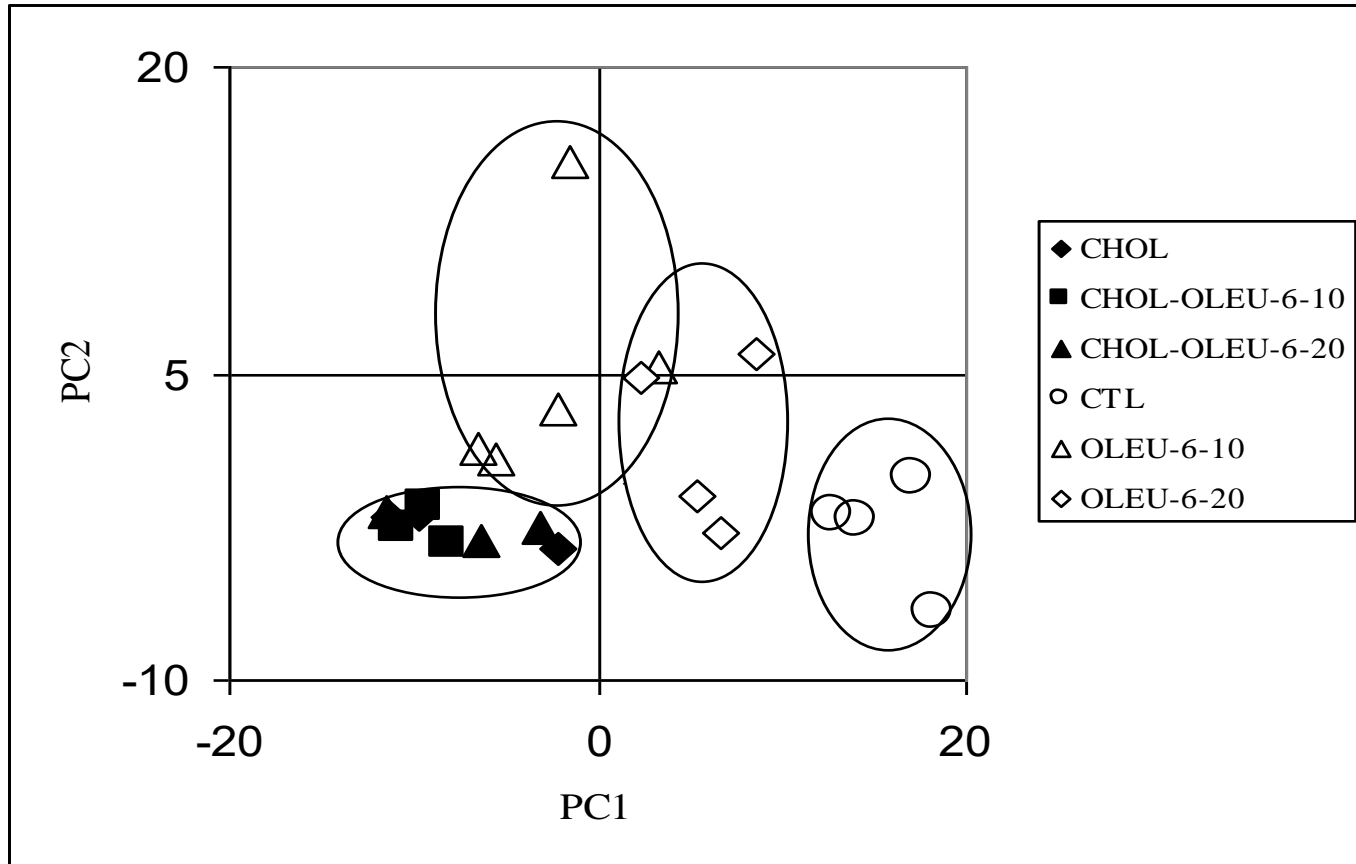


6 weeks treatment with oleuropein reduced total cholesterol and triglyceride levels

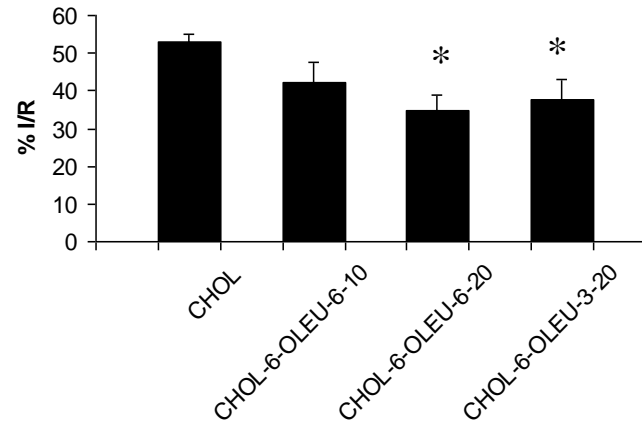
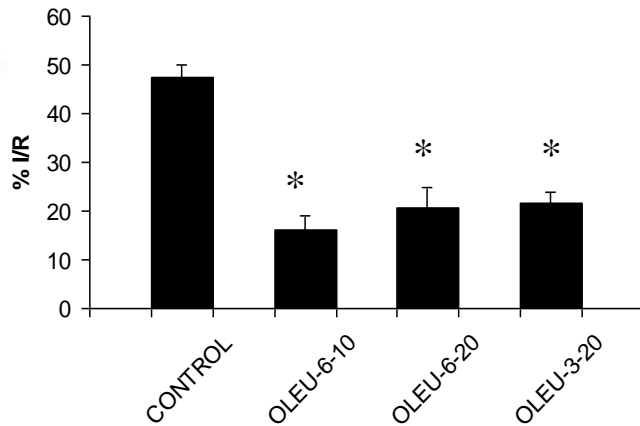




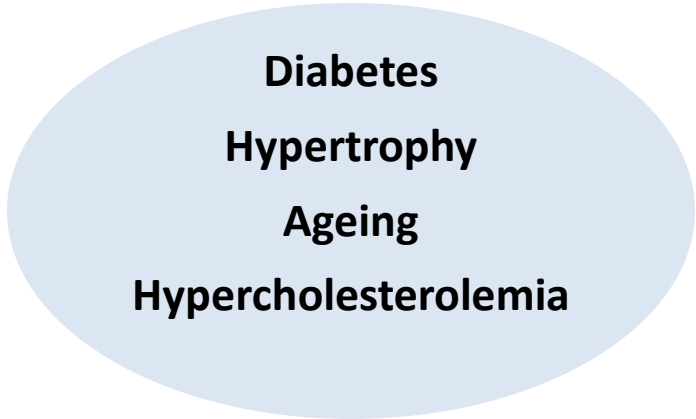
Treatment with oleuropein influences the metabolic profile of normal subjects, restoring the mechanism of aerobic glycolysis and providing cardioprotection even before the onset of ischemia.



PCA scores plot based on ^1H NMR CPMG plasma spectra of samples treated with different doses of OLEU and CHOL at 20 min of reperfusion.



Comorbidities



PC Increased Threshold

The effectiveness of postconditioning and preconditioning on infarct size in hypercholesterolemic and normal anesthetized rabbits

Efstathios K. Iliodromitis^{a,*}, Anastasia Zoga^a, Agathi Vrettou^a, Ioanna Andreadou^{a,*}, Ioannis A. Paraskevaidis^b, Loukas Kaklamanis^b, Dimitrios Th. Kremastinos^a

^a Second University Department of Cardiology, Medical School, Attikon General Hospital, University of Athens, Rimini 1, 124 62 Athens, Greece
^b Onassis Cardiac Surgery Center, 356 Sygrou Avenue, 176 74 Athens, Greece

Received 8 July 2005; received in revised form 10 November 2005; accepted 14 November 2005

Basic Res Cardiol (2010) 105:193–203
DOI 10.1007/s00395-009-0078-3

ORIGINAL CONTRIBUTION

Simvastatin in contrast to postconditioning reduces infarct size in hyperlipidemic rabbits: possible role of oxidative/nitrosative stress attenuation

Efstathios K. Iliodromitis · Ioanna Andreadou · Eftihios Prokovas · Anastasia Zoga · Dimitrios Farmakis · Theano Fotopoulou · Konstantinos Ioannidis · Ioannis A. Paraskevaidis · Dimitrios Th. Kremastinos

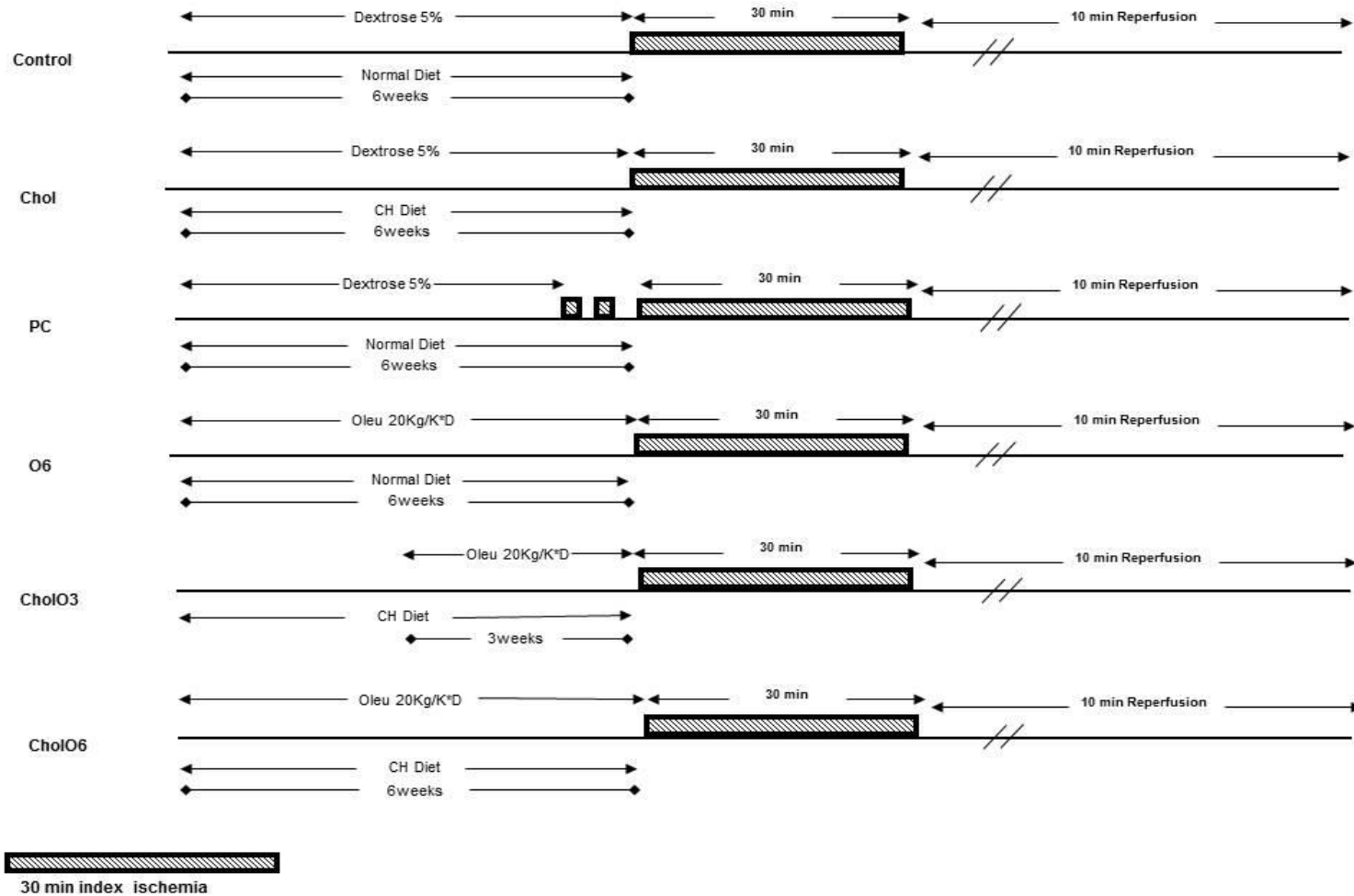
Cardiovasc Res.2012 Jun 1;94(3):501-9.

Short-term statin administration in hypercholesterolaemic rabbits resistant to postconditioning: effects on infarct size, endothelial nitric oxide synthase, and nitro-oxidative stress.

Andreadou I, Farmakis D, Prokovas E, Sigala F, Zoga A, Spyridaki K, Papalois A, Papapetropoulos A, Anastasiou-Nana M, Kremastinos DT, Iliodromitis EK

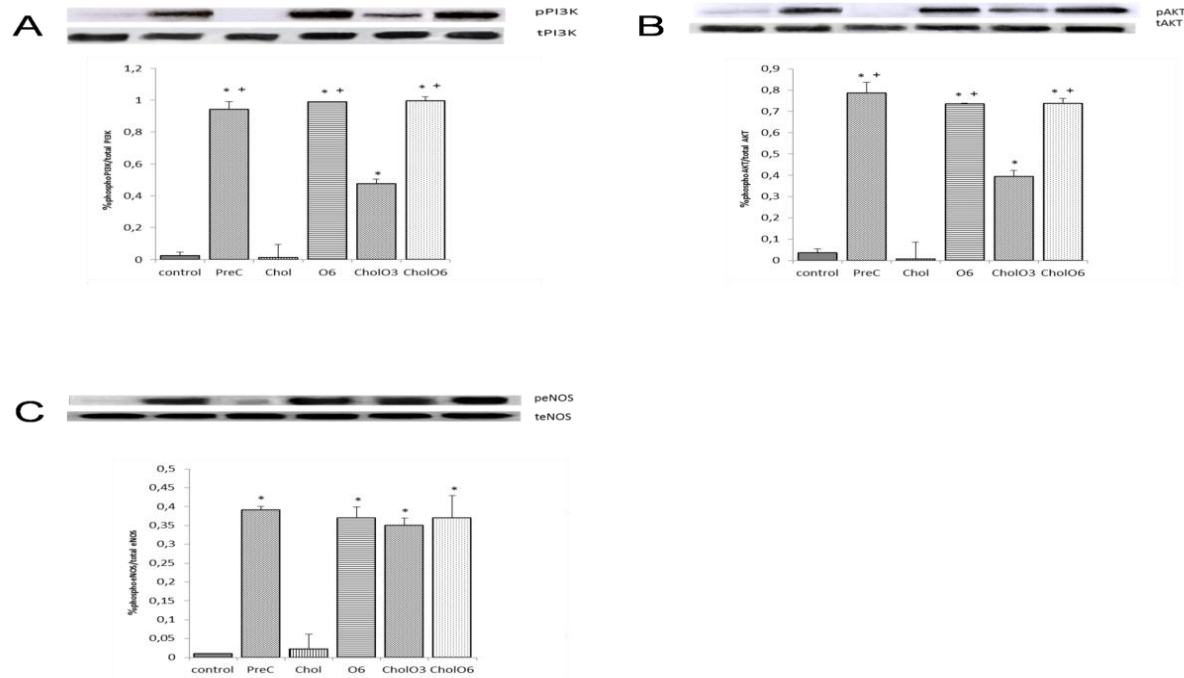


The natural olive oil constituent oleuropein induces nutritional preconditioning in normal and cholesterol fed rabbits.



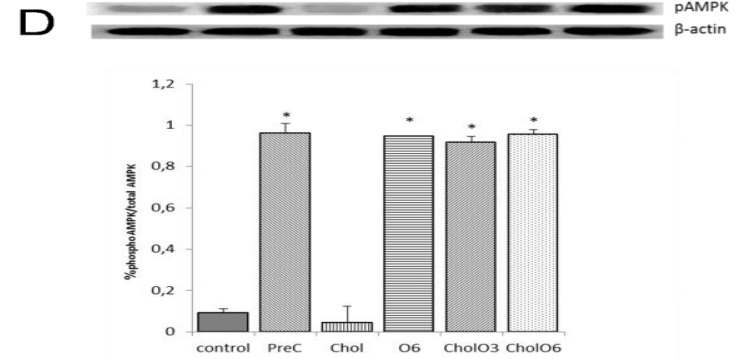
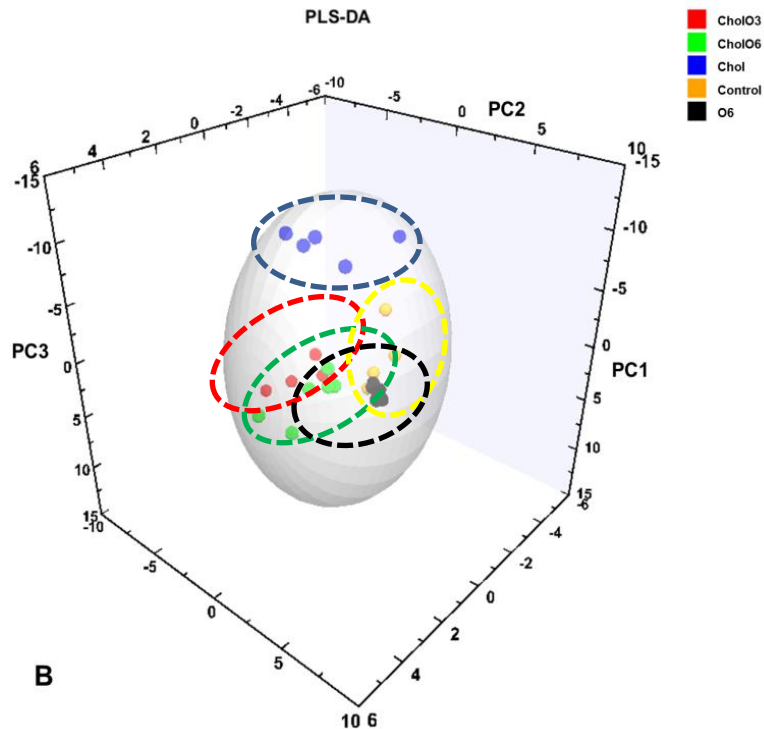


Oleuropein activates intracellular signaling cascades similar to those of preconditioning





The holistic NMR-based metabonomic analysis showed a clear metabolic profile distinction between the study groups, and the main metabolites responsible for this distinction can be related to the energy metabolism.





SUMMARY 1

OLEUROPEIN AS PROPHYLACTIC TREATMENT IN AMI

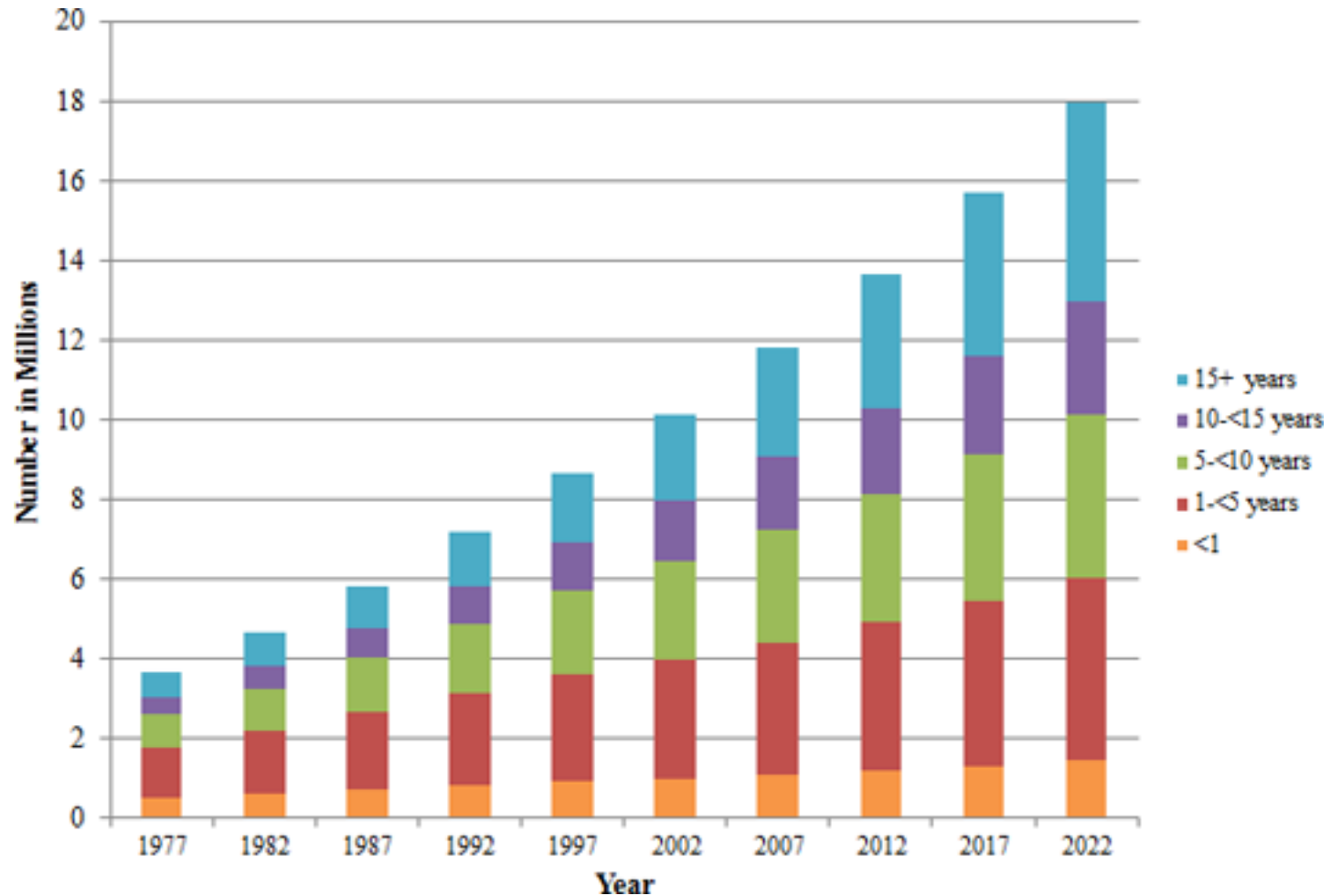
- Oleuropein when administered at a nutritional dose reduces infarct size in normal fed rabbits and in hypercholesterolemic rabbits and induces nutritional PC.
- Oleuropein significantly reduces nitro-oxidative stress, activates intracellular signaling cascades similar to those of preconditioning
- Reduces the levels of total cholesterol 28.7% and 33.1% and triglycerides 41.1% and 61.4% (10 and 20 mg.kg⁻¹.day⁻¹ respectively)
- The activation of AMPK by oleuropein at the first min of reperfusion may be a mediator of cardioprotection and might contribute to bioenergetic restoration of the myocardium.



Investigating the cardioprotective effects of oleuropein on acute and chronic cardiomyopathy induced by Doxorubicin

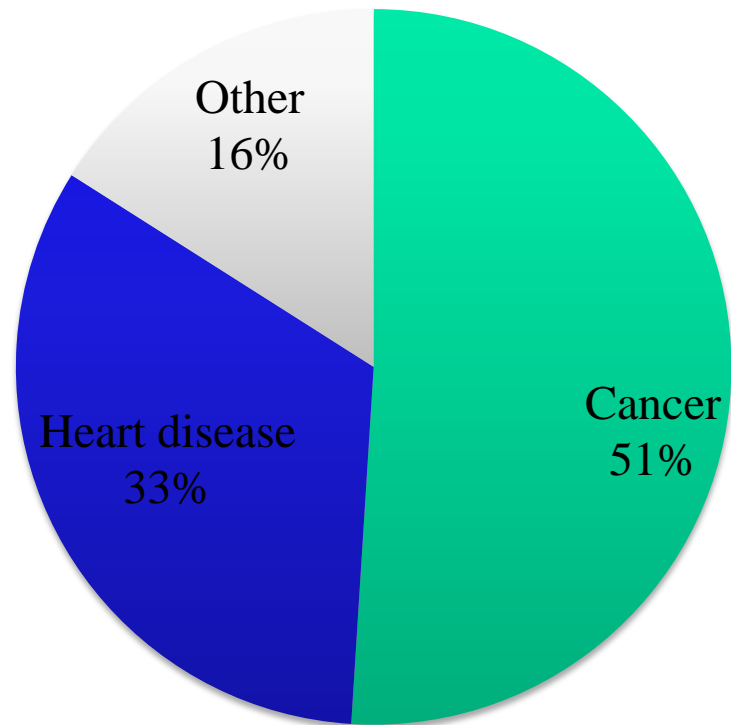


Estimated and projected cancer survivors in USA



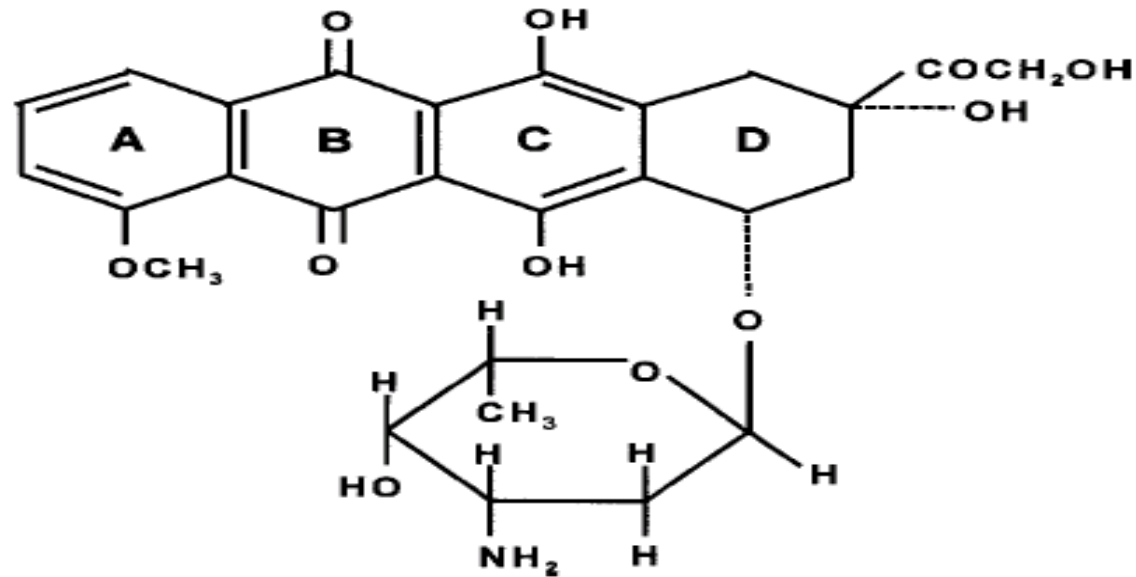


Causes of death in cancer survivors





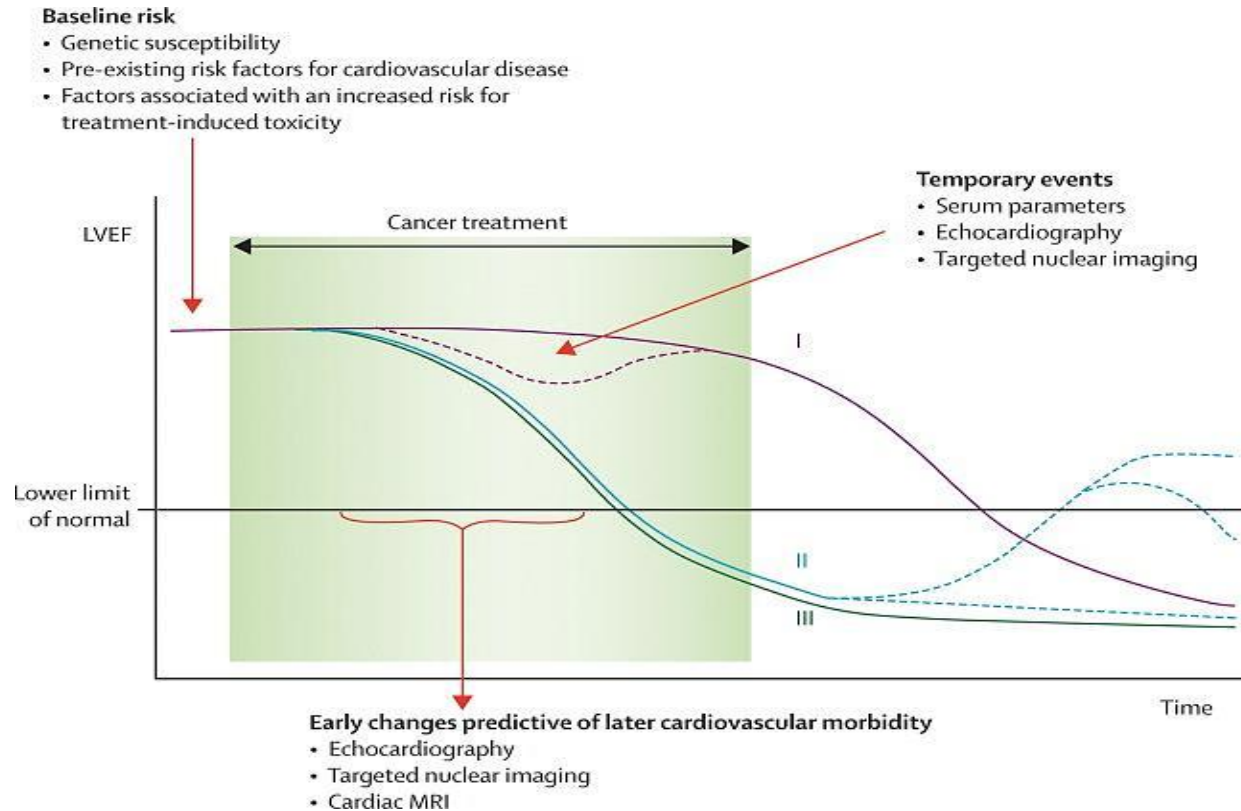
ADRIAMYCIN-DOXORUBYCIN(DXR)



- Antibiotic agent, chemotherapy drug
- Anthracyclin
- **Side effect:** Dose dependent cardiomyopathy and heart failure



DOXORUBICIN INDUCES ACUTE AND CHRONIC CARDIOTOXICITY



(I) Late onset cardiotoxicity (radiotherapy, anthracyclines) (II) reversible cardiotoxicity (trastuzumab: dotted line indicates long-term consequences are still unknown); (III) irreversible cardiotoxicity during treatment (anthracyclines)



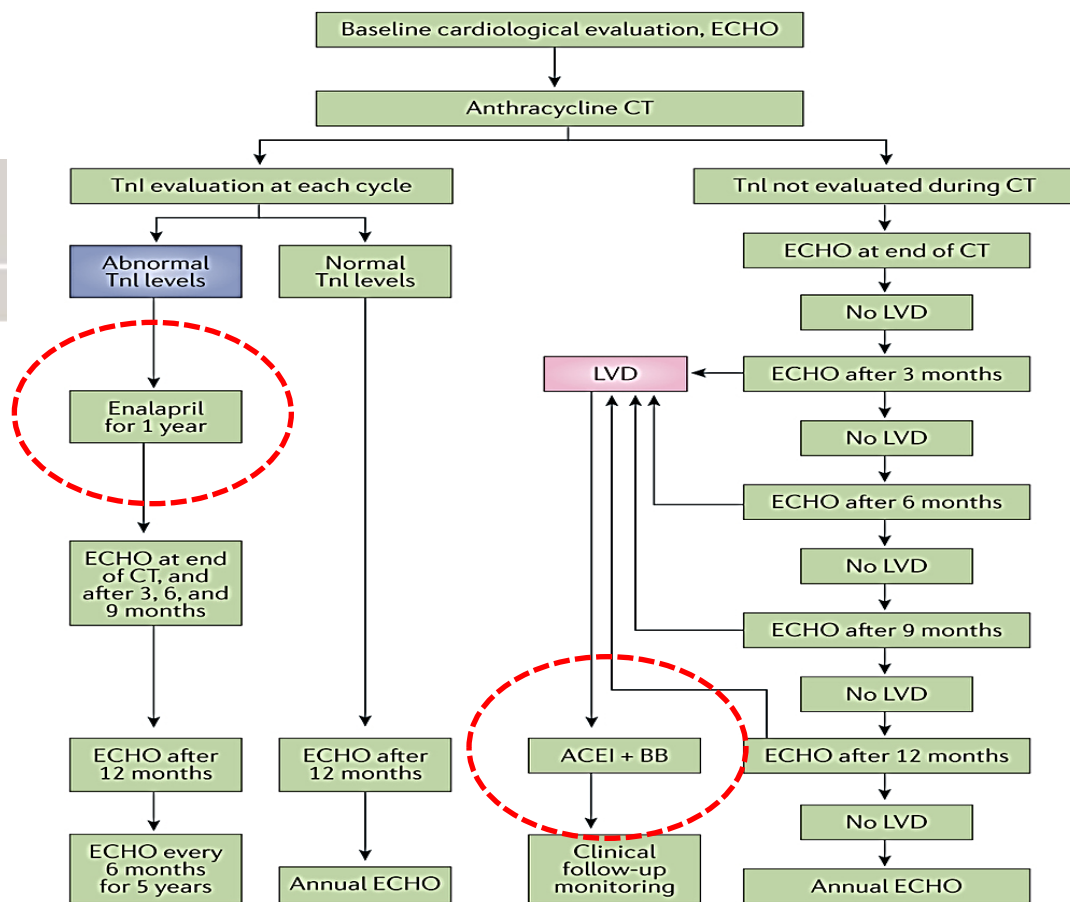
CLINICAL MANAGEMENT OF DOXORUBICIN CARDIOTOXICITY

Guidelines for stopping treatment in the event of reduced function based on Herceptin Adjuvant (HERA) trial protocol is as follows:

Asymptomatic patients

	Absolute decrease of <10%	Absolute decrease of 10–15%	Absolute decrease of ≥16%
LVEF	Continue	Continue	Hold*
Within normal limits	Continue	Hold*	Hold*
1–5% below normal limits	Continue	Hold*	Hold*
>6% below normal limits	Continue*	Hold*	Hold*

Pfeffer B., *Br J Cardiol.*, 16(2), 85-89, 2009.



Nature Reviews | Clinical Oncology

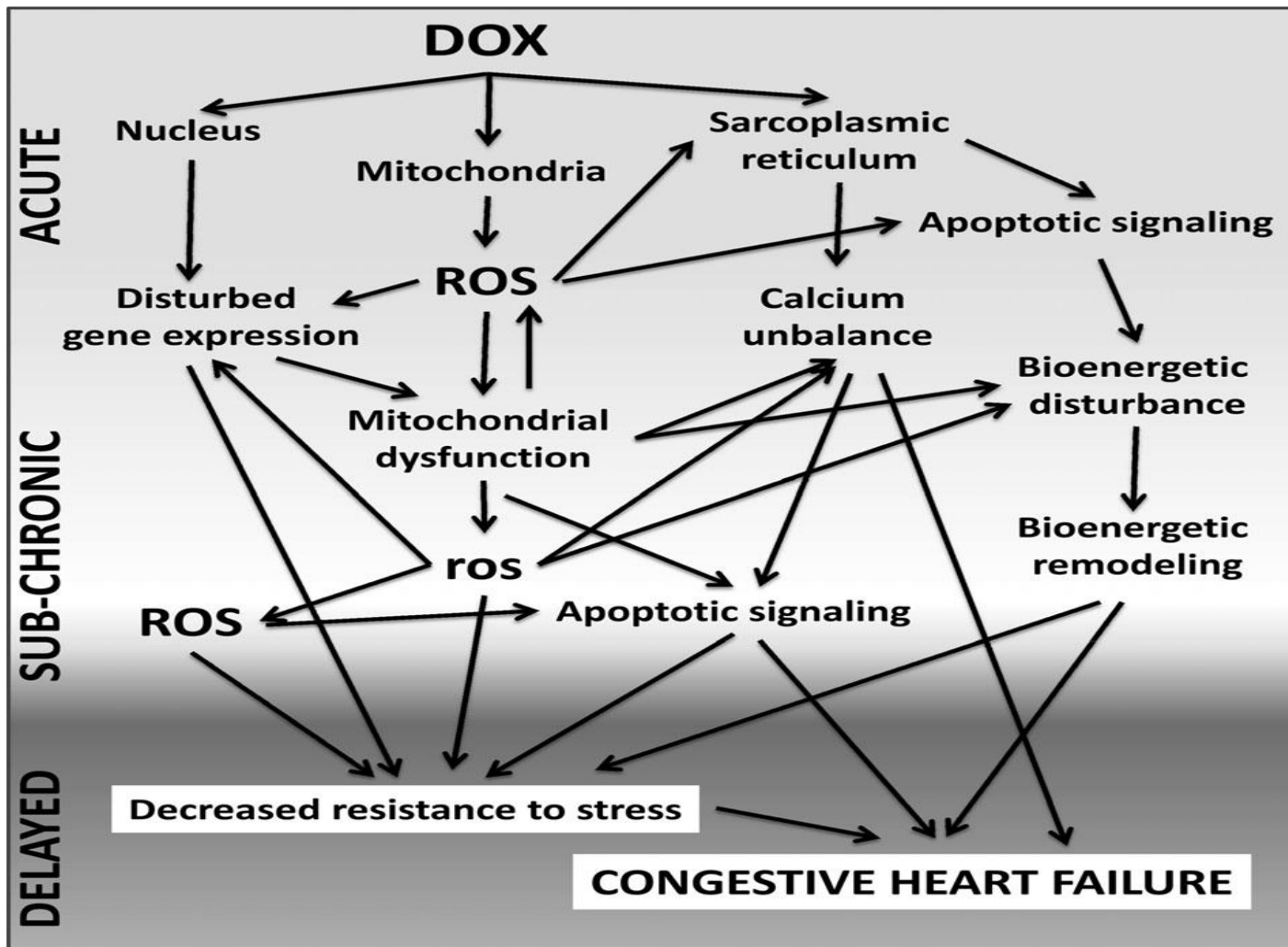
Zagar TM., *Nat Rev Clin Oncol.* Nov 24., 2015

Although extensive research has also been done to find effective treatment of doxorubicin cardiomyopathy, no such treatment has been discovered. Similarly, extensive research has been done and is being done to prevent doxorubicin cardiotoxicity. However, an effective preventive treatment is yet to be discovered.

Chatterjee K. et al *Cardiology*; 115(2): 155–162, 2010



UNDERLYING MECHANISM OF CARDIOTOXICITY





Original article

Acute doxorubicin cardiotoxicity is successfully treated with the
phytochemical oleuropein through suppression of
oxidative and nitrosative stress

Ioanna Andreadou ^{a,b,*}, Fragiska Sigala ^c, Efstathios K. Iliodromitis ^a, Maria Papaefthimiou ^b,
Constantinos Sigalas ^c, Nektarios Aligiannis ^d, Paraskevi Savvari ^e, Vassilis Gorgoulis ^e,
Efstathios Papalabros ^c, Dimitrios Th. Kremastinos ^a

50 Wistar rats divided in 6 groups:

1) Control

2) DXR: i.p. DXR 20 mg . kg⁻¹

3) Oleu 100-DXR: 5 days i.p. oleuropein 100 mg. kg⁻¹ . day⁻¹

Oleuropein was administrated 2 days before DXR administration and for 2 days following DXR administration

4) Oleu 200-DXR: 5 days i.p. oleuropein 200 mg. kg⁻¹ . day⁻¹

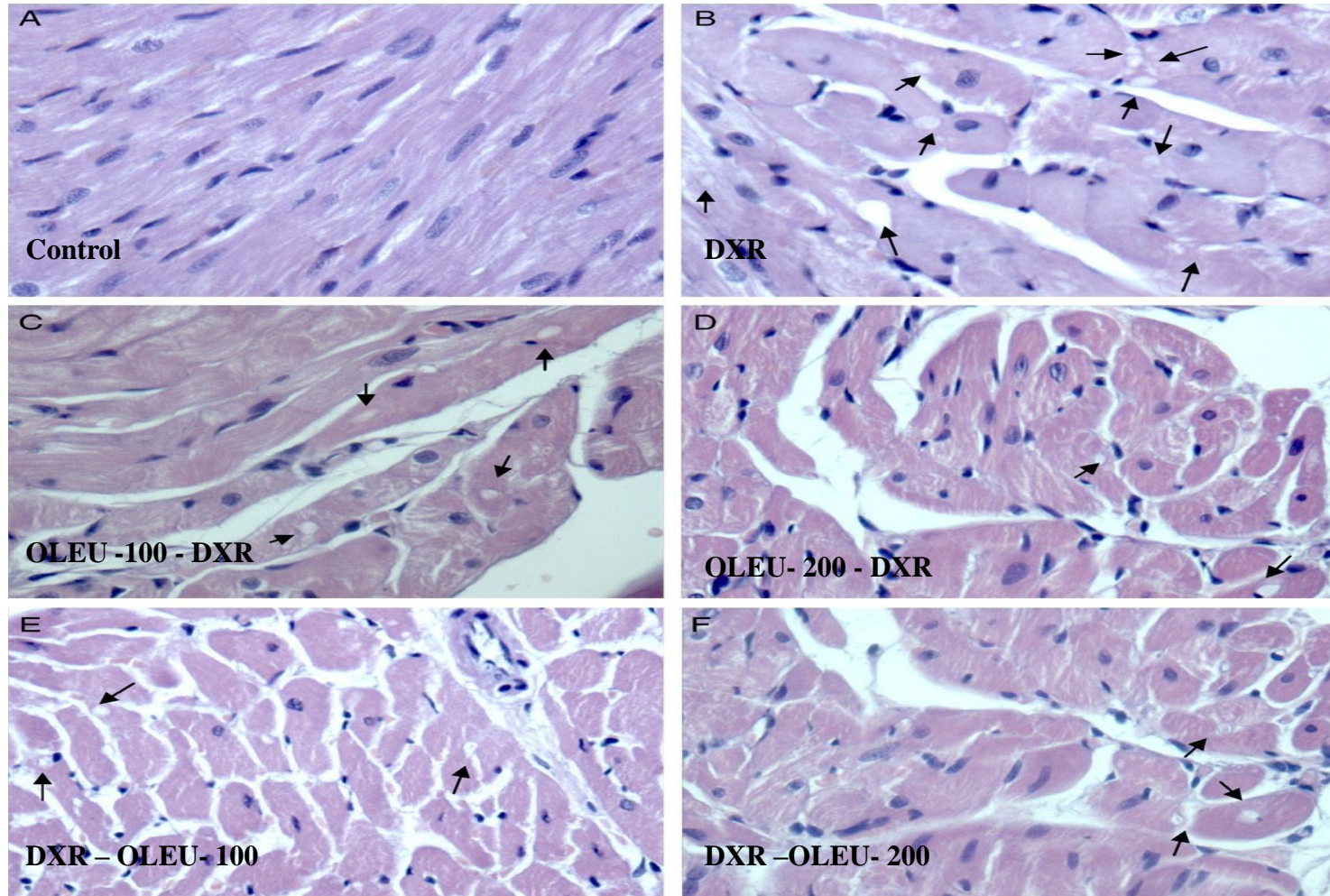
Oleuropein was administrated 2 days before DXR administration and for 2 days following DXR administration

5) DXR-Oleu 100: DXR administration and then i.p. oleuropein administration 100 mg. kg⁻¹ . day⁻¹ for 2 days

6) DXR-Oleu 200: DXR administration and then i.p. oleuropein administration 200 mg. kg⁻¹ . day⁻¹ for 2 days



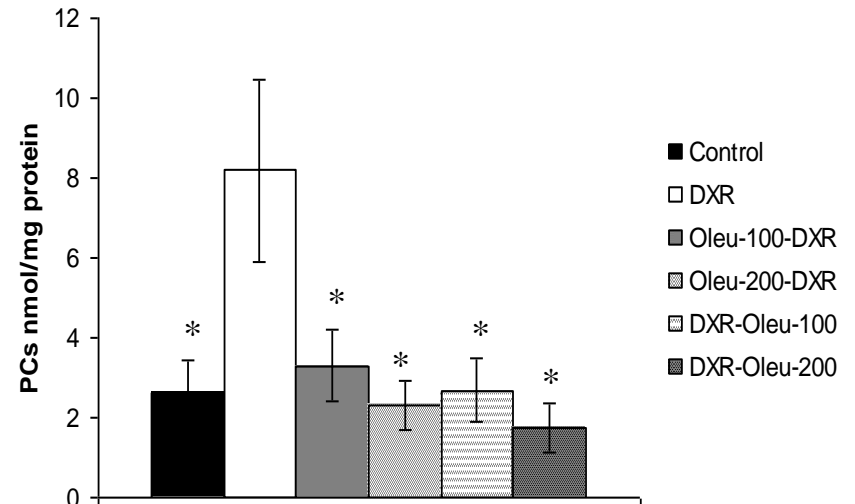
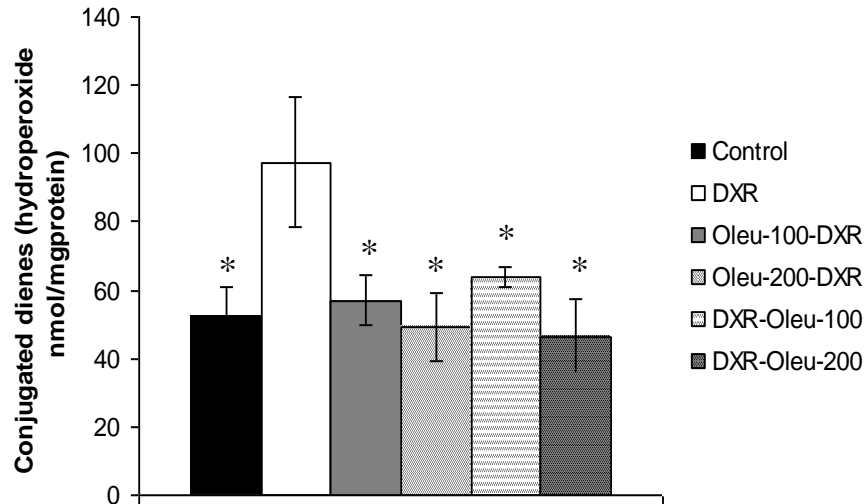
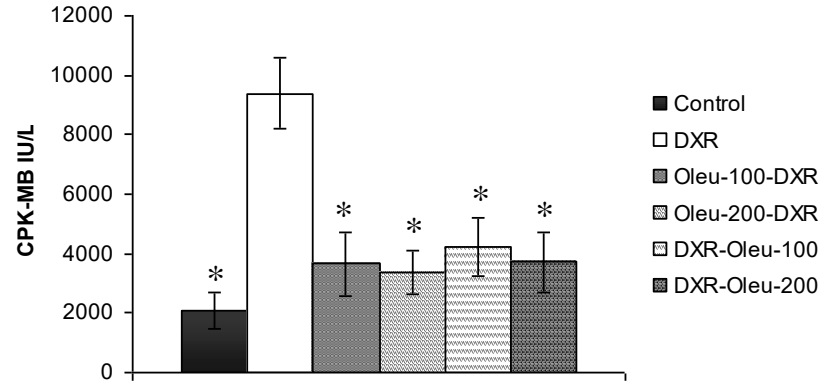
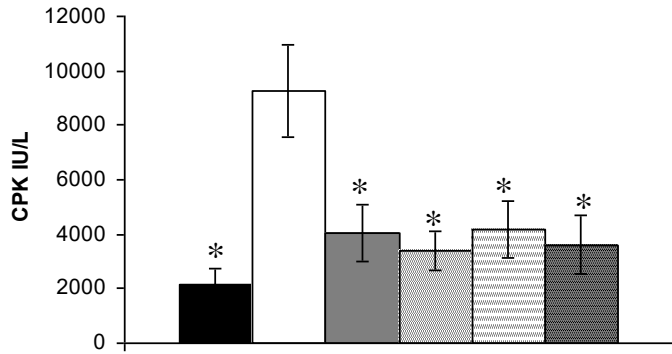
Oleuropein groups had very low cytoplasmic vacuolisation in cardiomyocytes compared to the DXR group



Representative histopathological findings from study groups. Arrows indicate cytoplasmic vacuolisation (magnification x 400).

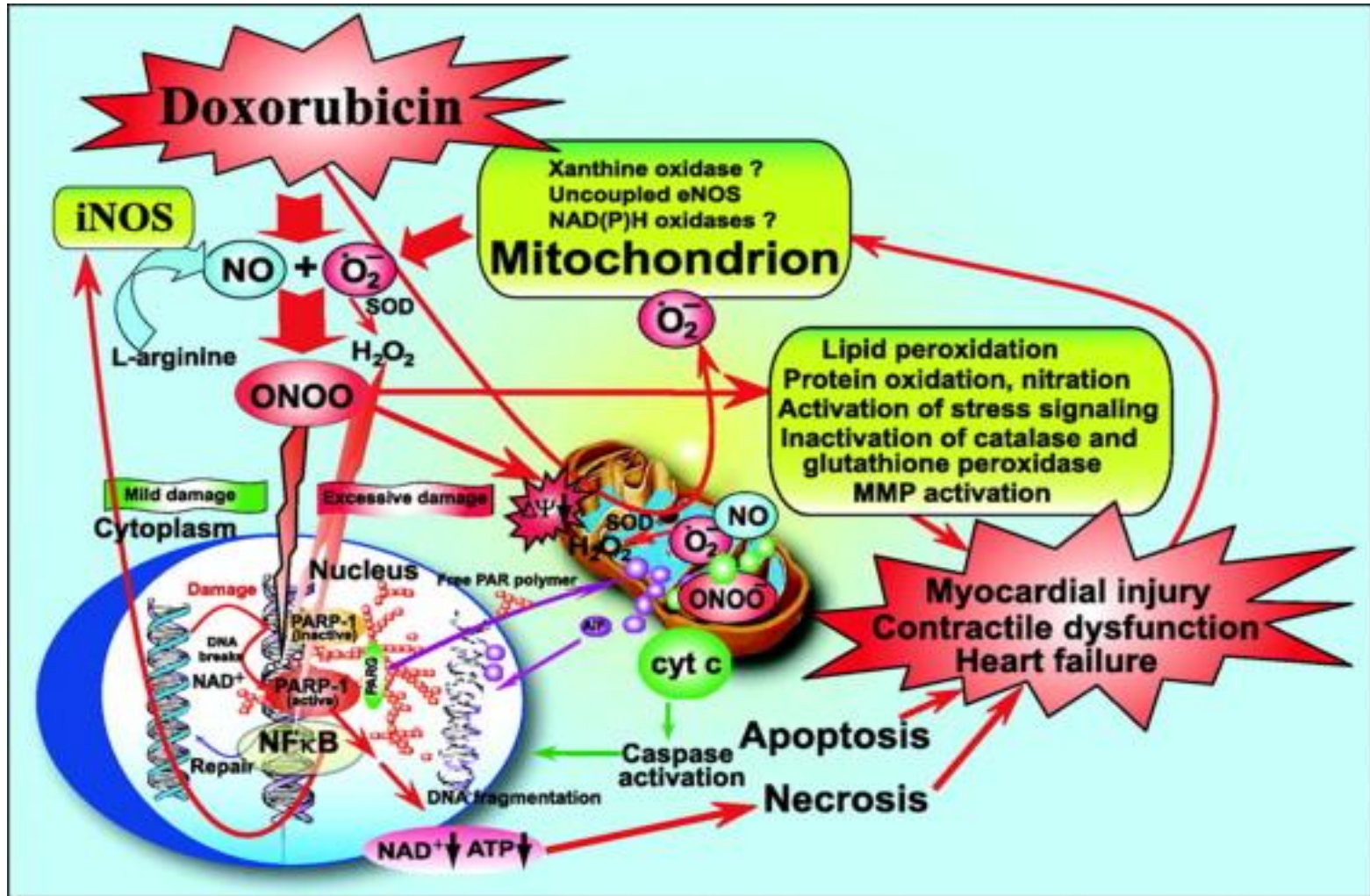


Two different doses and treatment regimes of oleuropein prevented the increase of cardiac necrosis and oxidative stress biomarkers



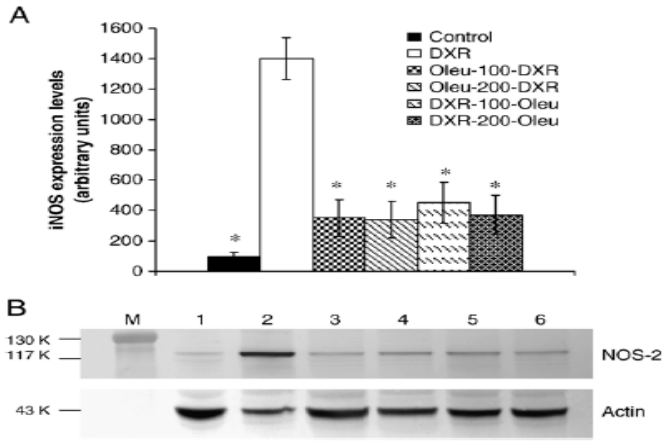


DXR induces iNOS expression and nitrooxidative stress

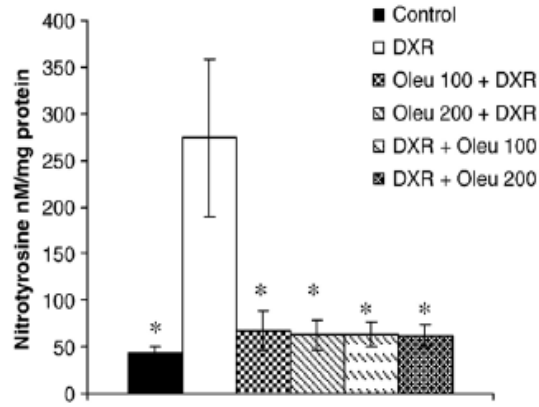




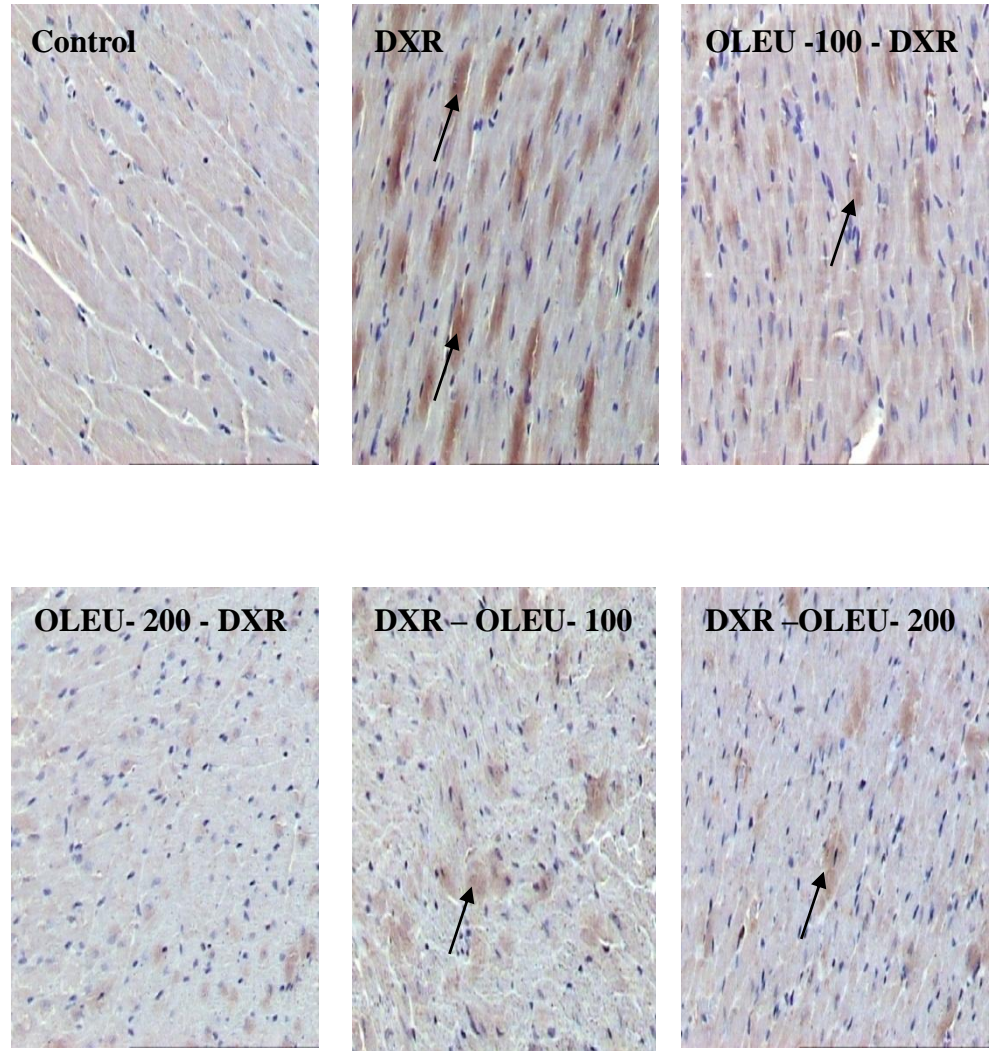
Oleuropein administration significantly reduced nitrotyrosine formation and iNOS expression in myocardium



Representative wetsern blot of iNOS. *p<0.05 vs DXR



Nitrotyrosine measurement . *p<0.05 vs DXR

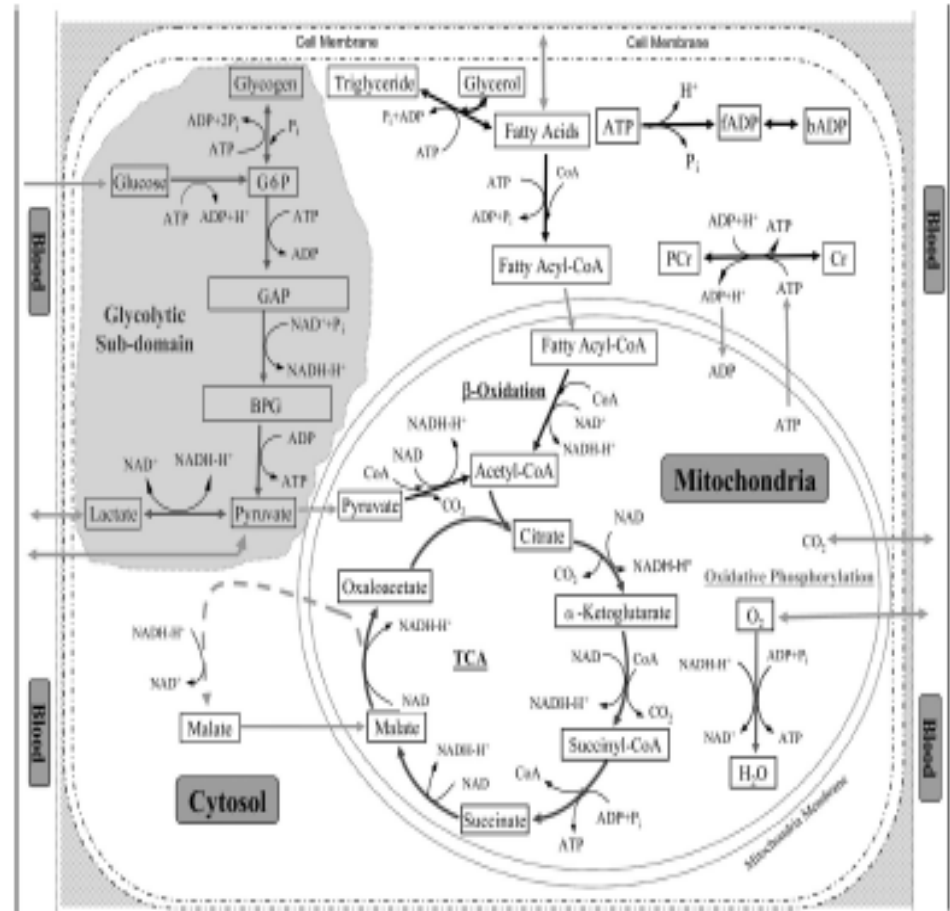


Representative immunohistochemistry analysis of iNOS in the experimental study groups. Arrows indicate iNOS positive cells (magnification x 200).



DXR and energy metabolism

- DXR has been reported to diminish cardiac energy reserves, by reducing both ATP and PCr levels as well as the PCr/ATP ratio.
- Perturbed fatty acid metabolism with increased serum lipids, in particular free fatty acid levels, has been found in cell culture and animal models of DXR cardiotoxicity following DXR treatment





Metabonomic identification of novel biomarkers in doxorubicin cardiotoxicity and protective effect of the natural antioxidant oleuropein

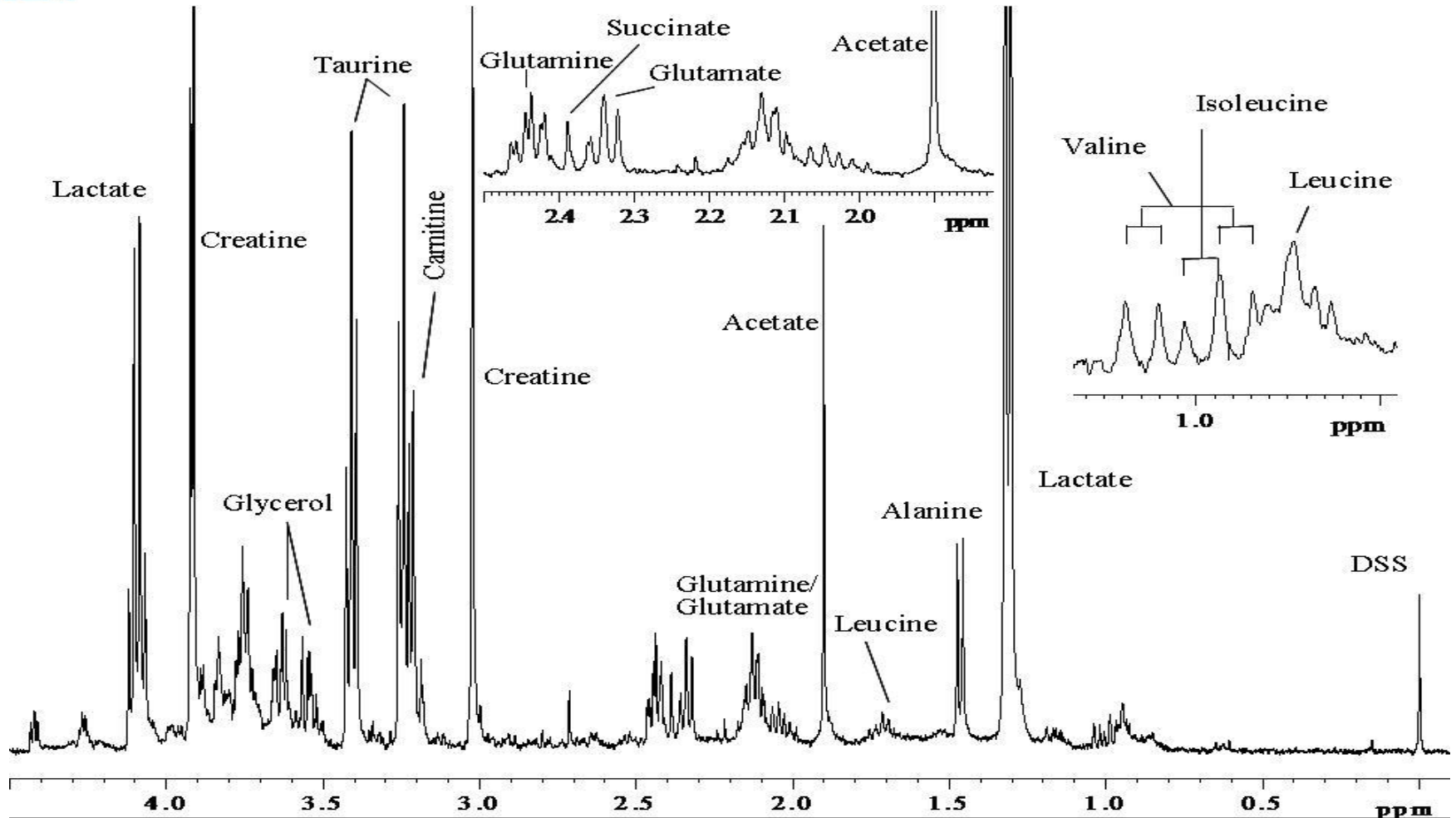
Ioanna Andreadou^{a,b}, Maria Papaefthimiou^a, Athina Zira^a,
Maria Constantinou^a, Fragiska Sigala^c, Alexios-Leandros Skaltsounis^d,
Anna Tsantili-Kakoulidou^a, Efstathios K. Iliodromitis^b, Dimitrios
T. Kremastinos^b and Emmanuel Mikros^{a*}

Effects of oleuropein in cardiac energy metabolism

Metabonomic analysis with NMR

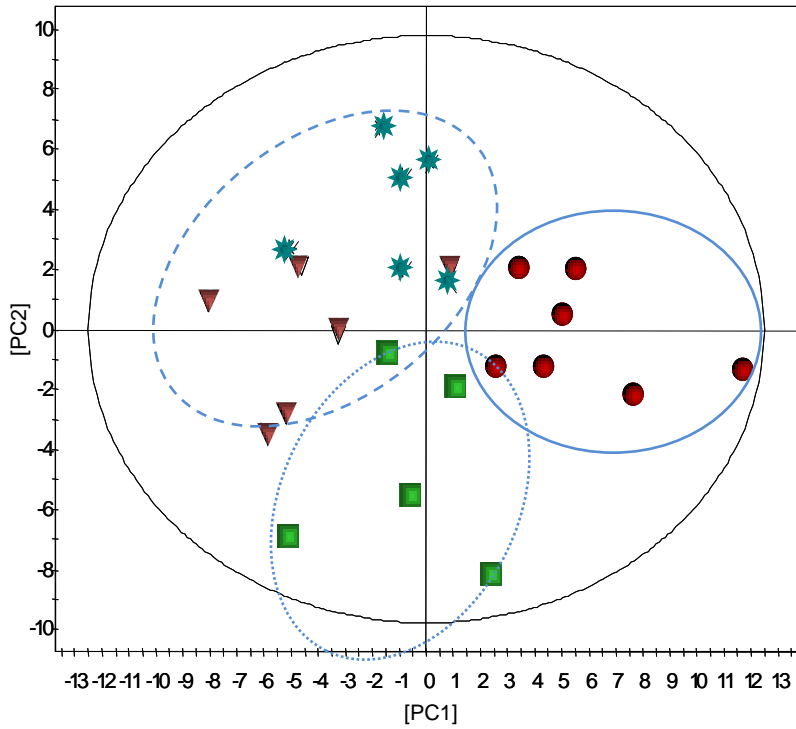


Representative 400 MHz $^1\text{H-NMR}$ spectra (d 4.5–0.5) of aqueous myocardial extract collected from control group

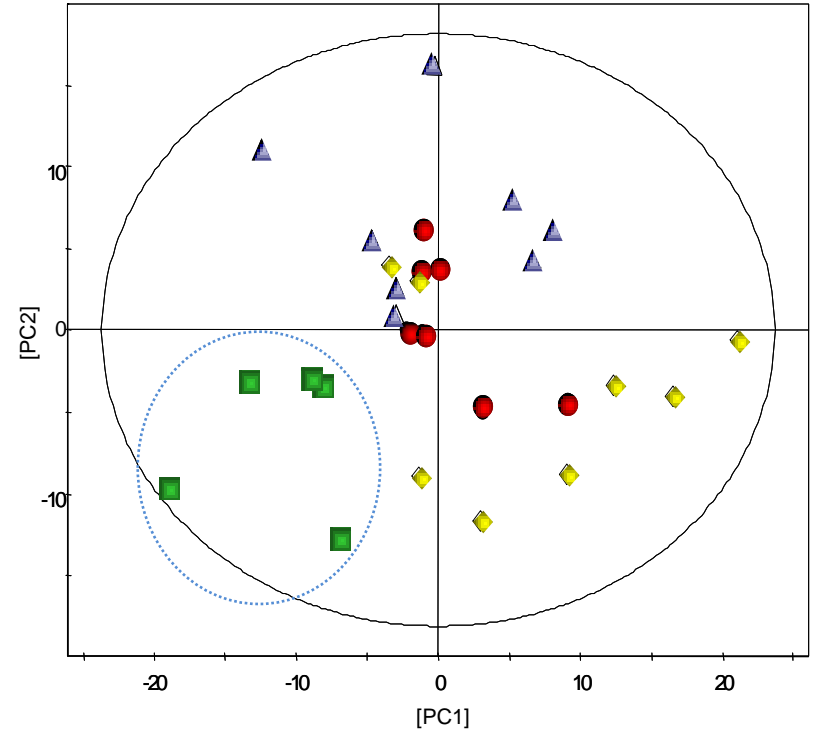




Dose-dependent discrimination



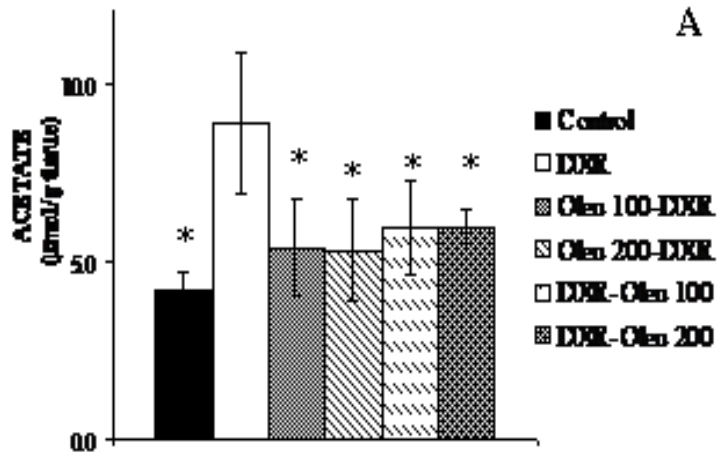
■ CTL ● DXR ▼ DXR-Oleu-200 ★ Oleu-200-DXR



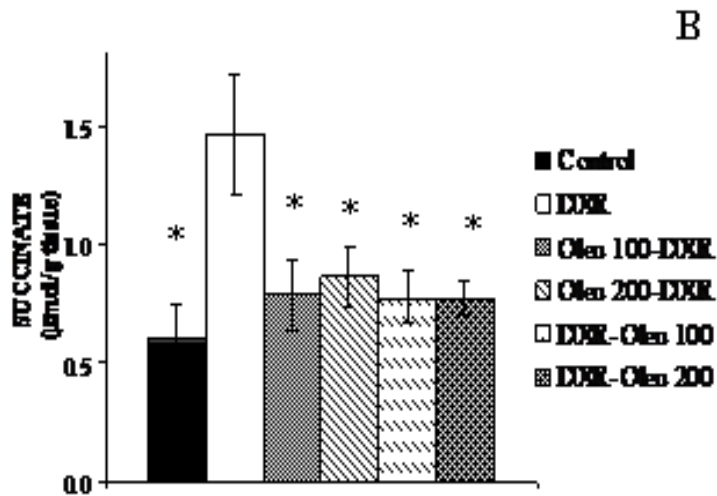
■ CTL ● DXR ▲ DXR-Oleu-100 ◆ Oleu-100-DXR



Oleuropein repairs cardiac energy metabolism as protective agent

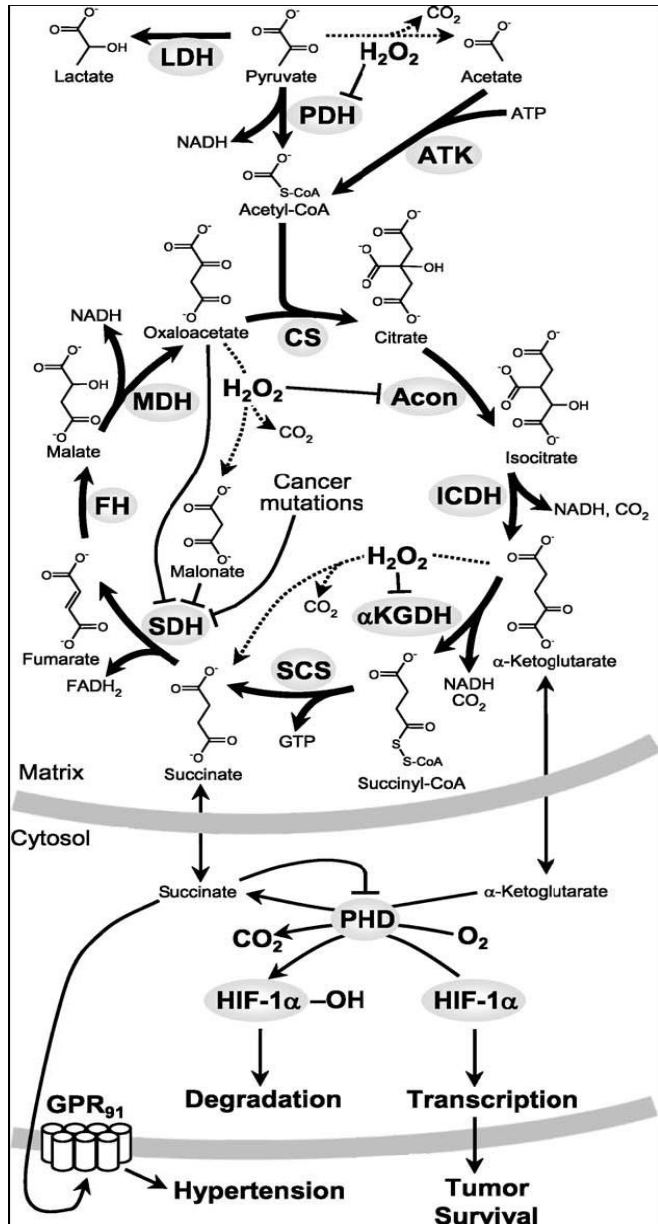


Oleuropein eliminates succinate and acetate accumulation in myocardium





Acetate and succinate constitute novel biomarkers related to DXR acute cardiotoxicity



Nonezymatic formation of succinate in mitochondria under oxidative stress
Fedotcheva, N. I. et al., Free Radic. Biol. Med.; 2006.

Oxidation of pyruvate by peroxynitrite produces acetate in much higher yields than by hydrogen peroxide.

Vasquez-Vivar J, et al., Chem Res Tox, 1997

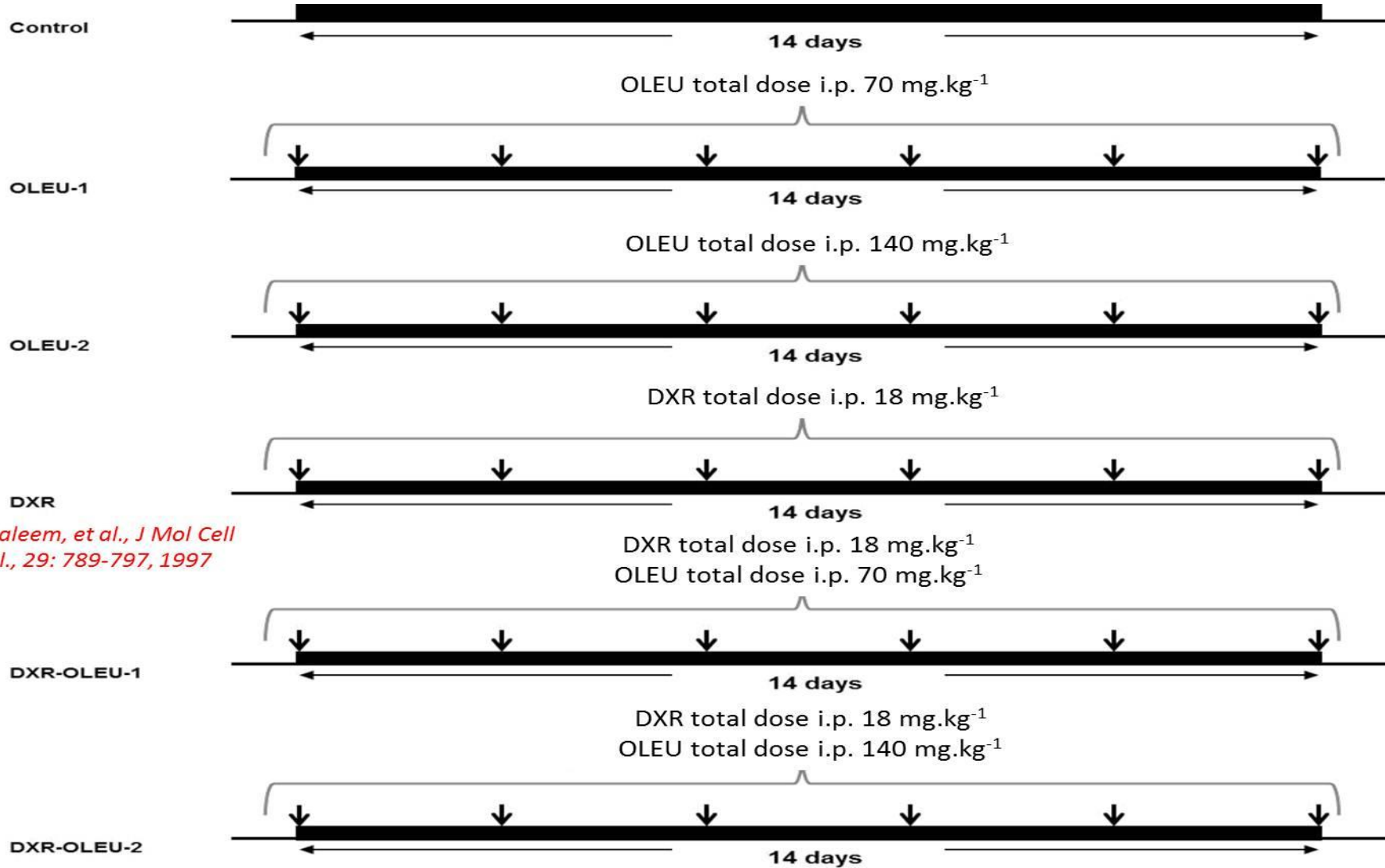


SUMMARY 3

1. Oleuropein prevents and treats the acute cardiotoxicity induced by DXR.
2. Oleuropein reduces significantly peroxynitrite and iNOS expression in cardiomyocytes reducing simultaneously acetate and succinate levels leading to improvement of the impaired energy metabolism in myocardium.



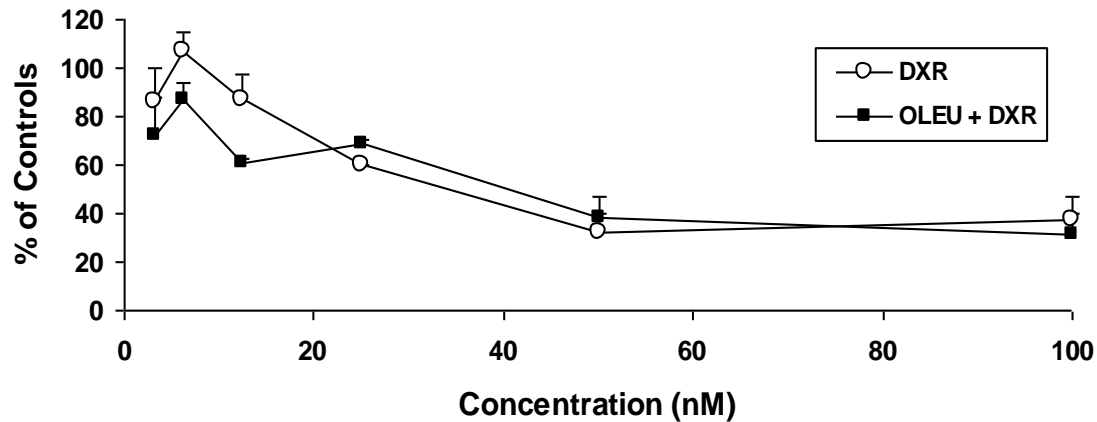
The role of Oleuropein in chronic DXR-induced cardiomyopathy



Abdel-aleem, et al., J Mol Cell Cardiol., 29: 789-797, 1997



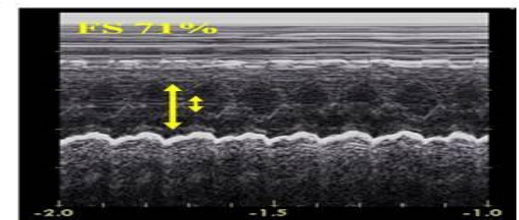
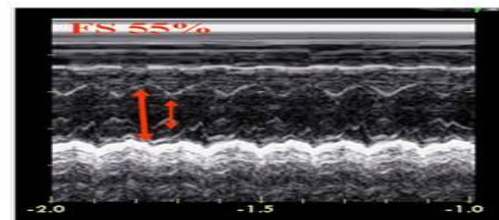
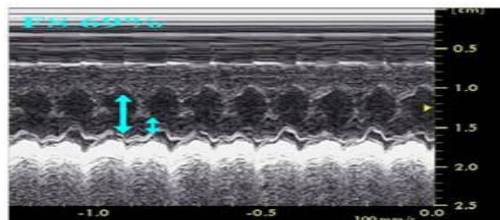
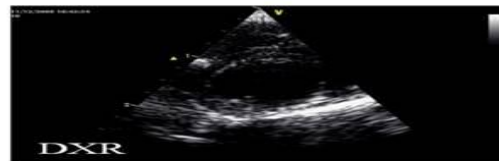
**The cotreatment
of PC-3 cells with DXR (3–100 nM) and OLEU (100 $\mu\text{g}/\text{ml}$)
did not alter the cell proliferation inhibition obtained by DXR alone**





Oleuropein increases significantly FS% compared to the DXR group

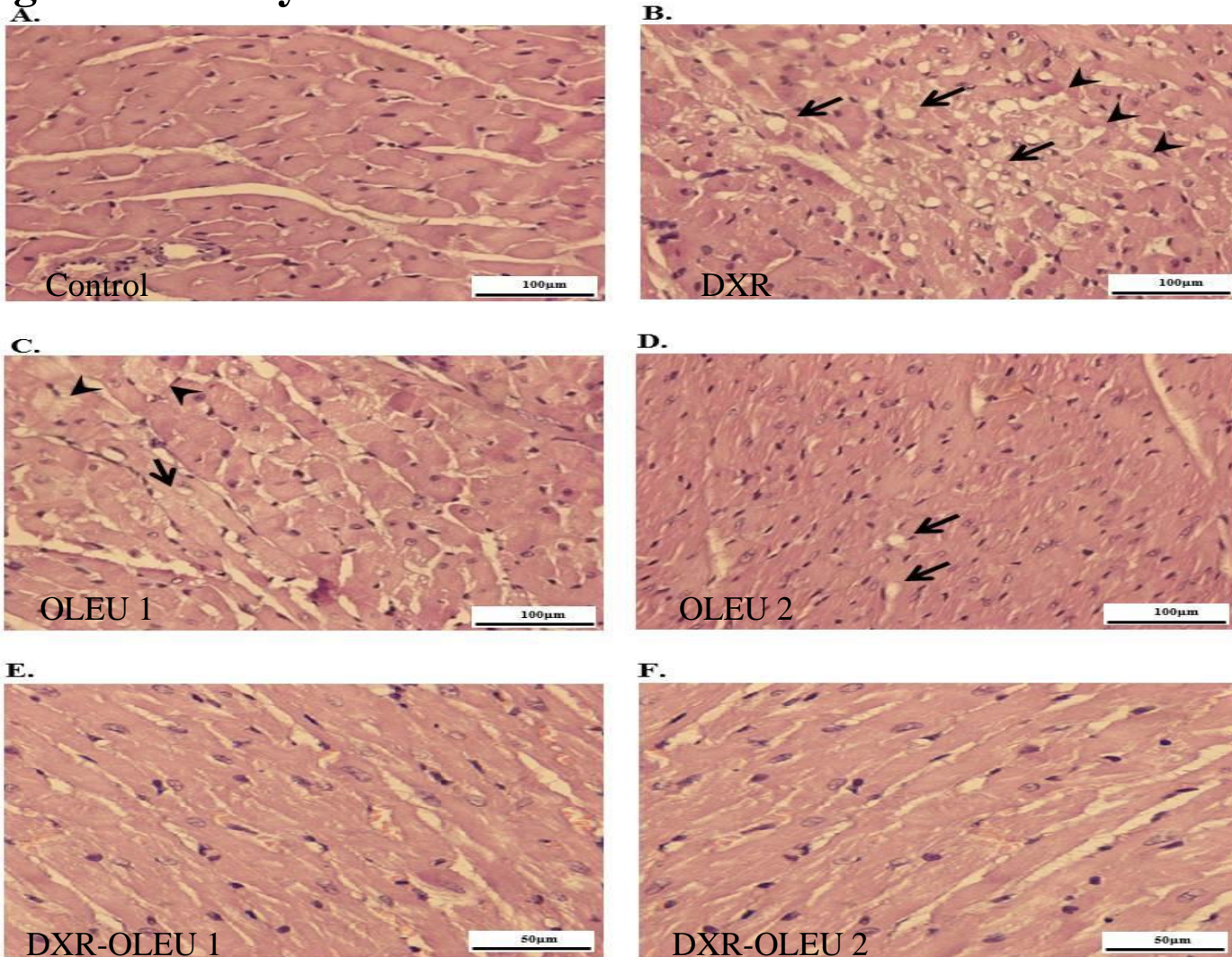
	Control (n=5)	DXR (n=8)	DXR-OLEU 1 (n=5)	DXR-OLEU 2 (n=5)	OLEU 1 (n=5)	OLEU 2 (n=5)
Heart rate, bpm	472(34)	337(65)*	345(15)*	386(31)*	438(43)	395(72)
AWTd, mm	2.1(0.2)	1.7(0.4)	2.0(0.2)	2.0(0.1)	2.0(0.1)	2.0(0.4)
PWTd, mm	2.7(0.5)	1.6(0.3)*	2.1(0.6)	1.9(0.2)	2.6(0.5)	2.3(0.5)
LVDP, mm	4.9(0.5)	5.0(1.4)	5.0(0.7)	5.2(0.2)	4.4(0.5)	4.2(0.3)
LVDs, mm	2.0(0.7)	2.9(1.0)	2.0(0.5)	1.9(0.6)	1.9(0.5)	1.7(0.4)
FS, %	65.0(8.2)	43.5(7.0)*	61.1(7.1)	71.0(3.5)	68.9(5.2)	71.67(7.8)
LVmass, g	0.85 (0.13)	0.50 (0.22)*	0.65 (0.10)	0.67 (0.12)	0.72 (0.11)	0.69 (0.22)
R/H ratio	4.0(1.5)	7.4(2.9)*	5.2(1.7)	5.8(1.1)	3.5(0.8)	3.5(0.3)



2D echo (Vivid-i, GE Healthcare μ e 12MHz probe).



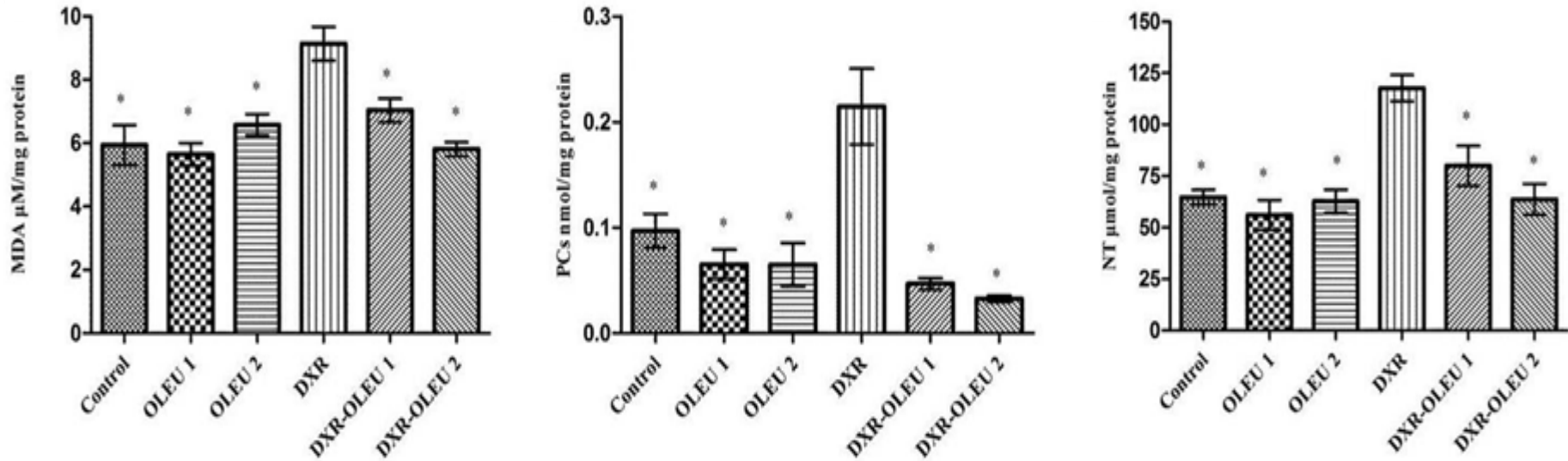
Oleuropein attenuated the development of inflammatory and degenerative myocardial lesions



Histological evaluation of cardiac morphology showing profound focal edema, vacuolarization and degeneration of myocardial fibers in the DXR group



Oleuropein treatment significantly reduced the elevated nitro-oxidative stress biomarkers in the DXR treated rats.





The combined reduction in nitro-oxidative stress, and endothelin may caused the early improvement in aortic function

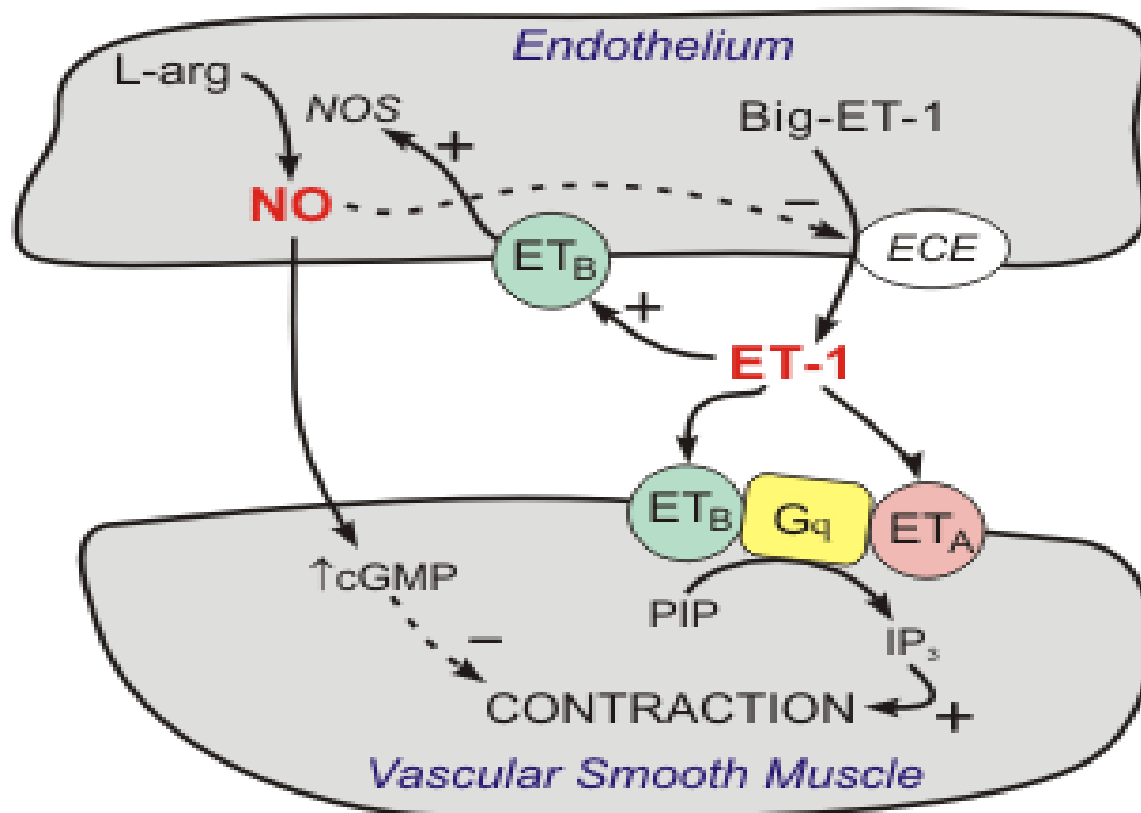
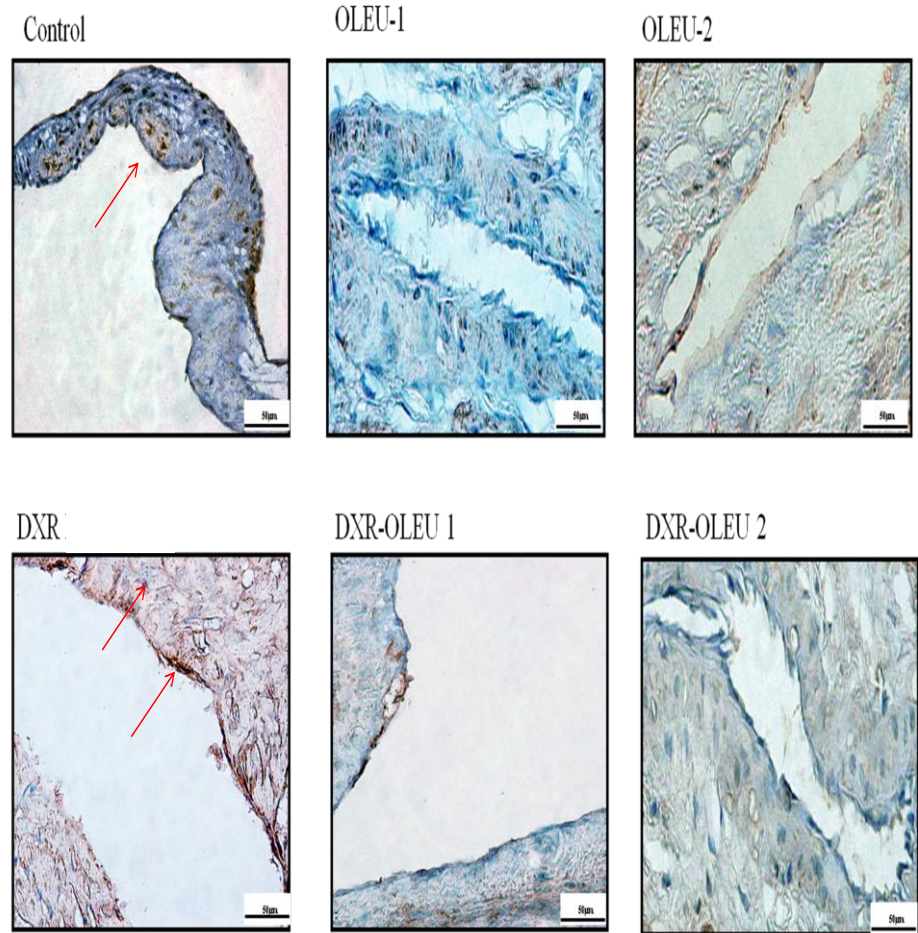
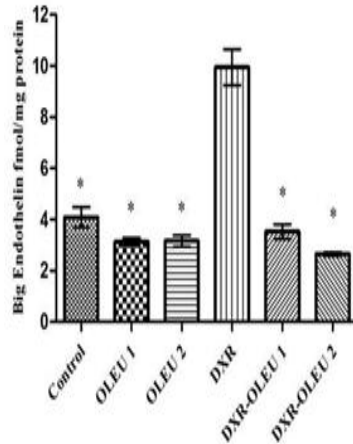
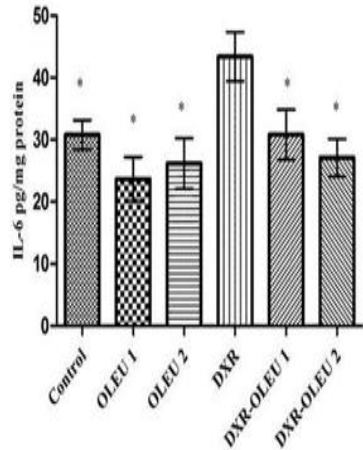


Figure 2. Endothelin receptors and interactions with nitric oxide.



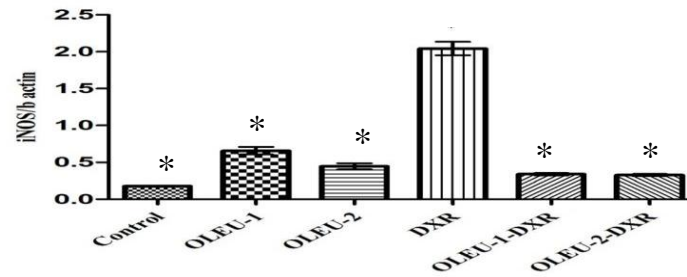
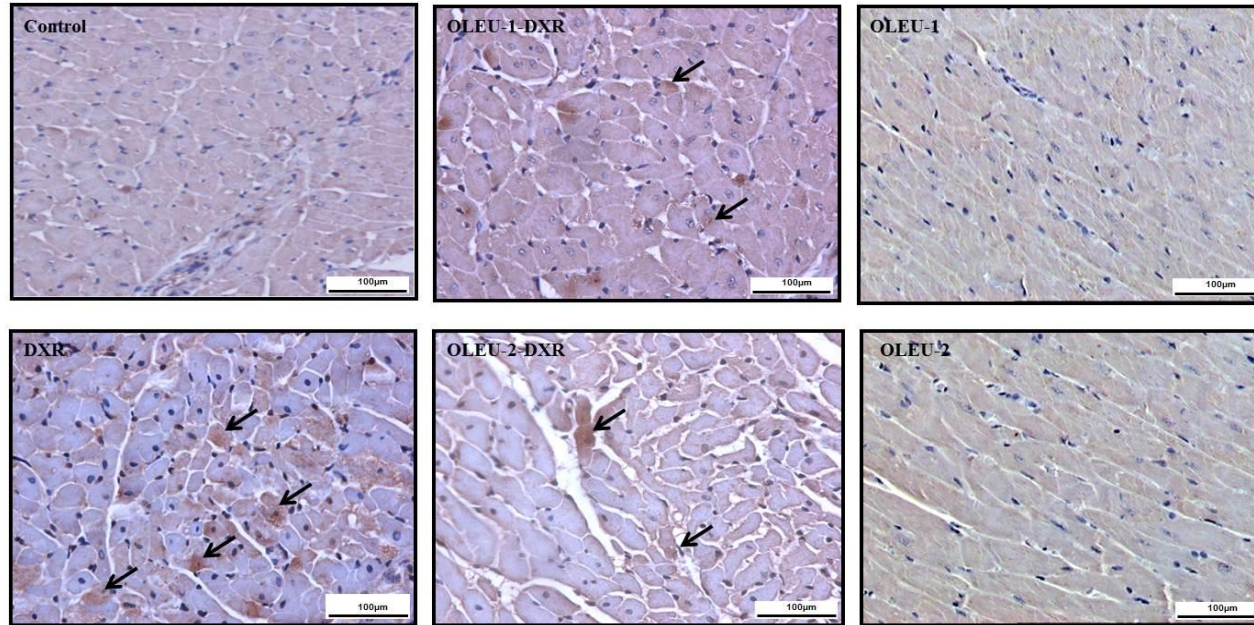
Oleuropein treatment significantly reduced the elevated IL-6 and ET-1 levels in the DXR treated rats.



Immunohistochemistry of ET-1 (400x)
Insets indicate ET-1 positive cells.



Oleuropein treatment significantly reduces the iNOS expression in cardiomyocytes





The higher eNOS expression in the vascular endothelium and the lower iNOS expression in the cardiomyocytes of oleuropein-treated groups indicate the protective role of oleuropein.

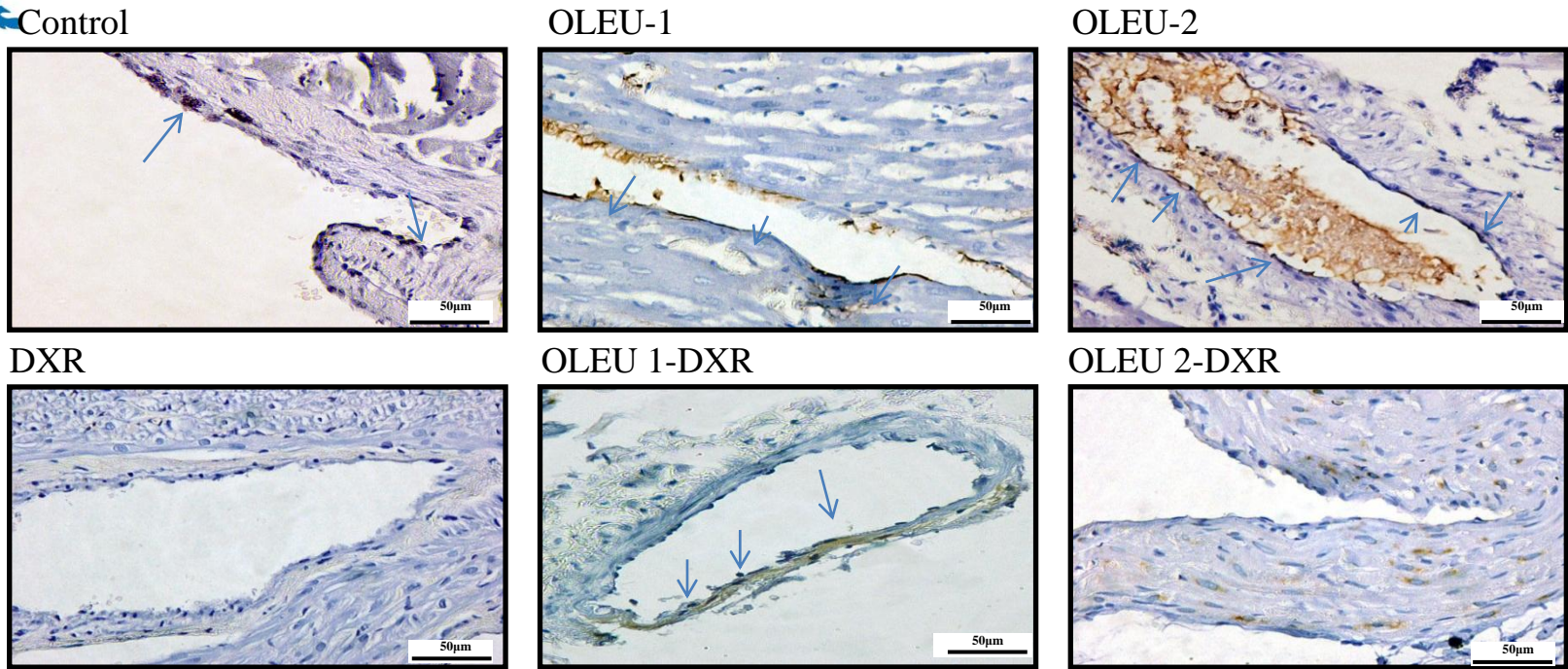
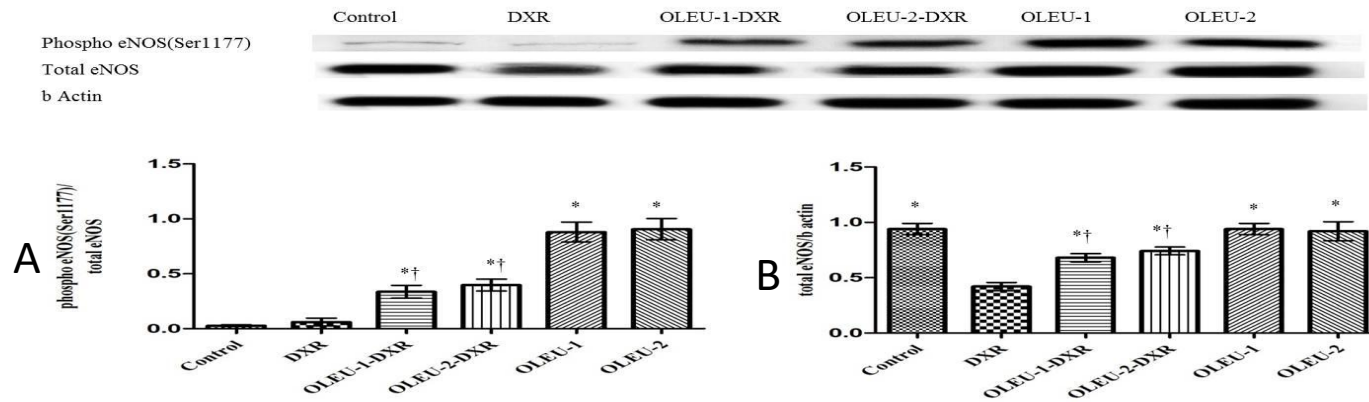


Figure 5D

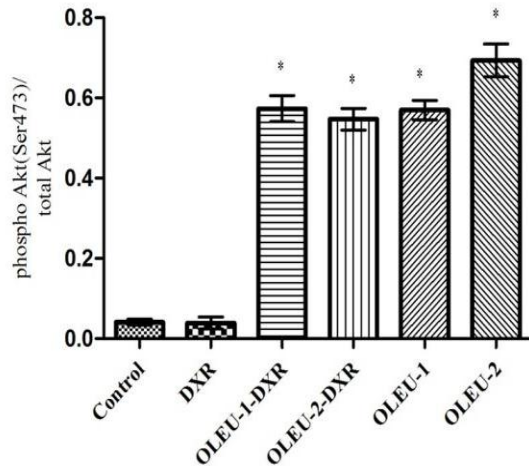
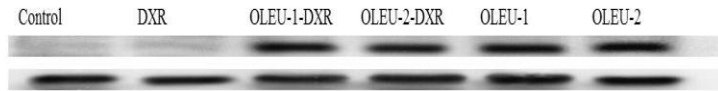




Oleuropein attenuated the impaired pro-survival mechanisms (Akt), the cardiac energy metabolism (AMPK) and the homeostasis of NO (eNOS) induced by DXR

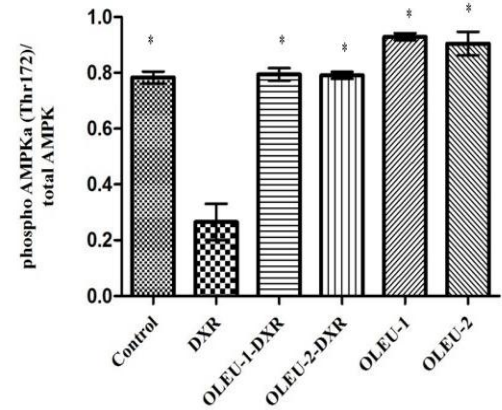
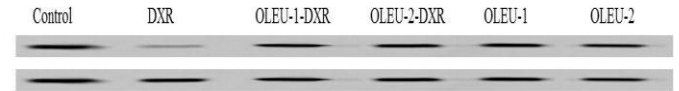
A

Phospho Akt (ser473)
Total Akt



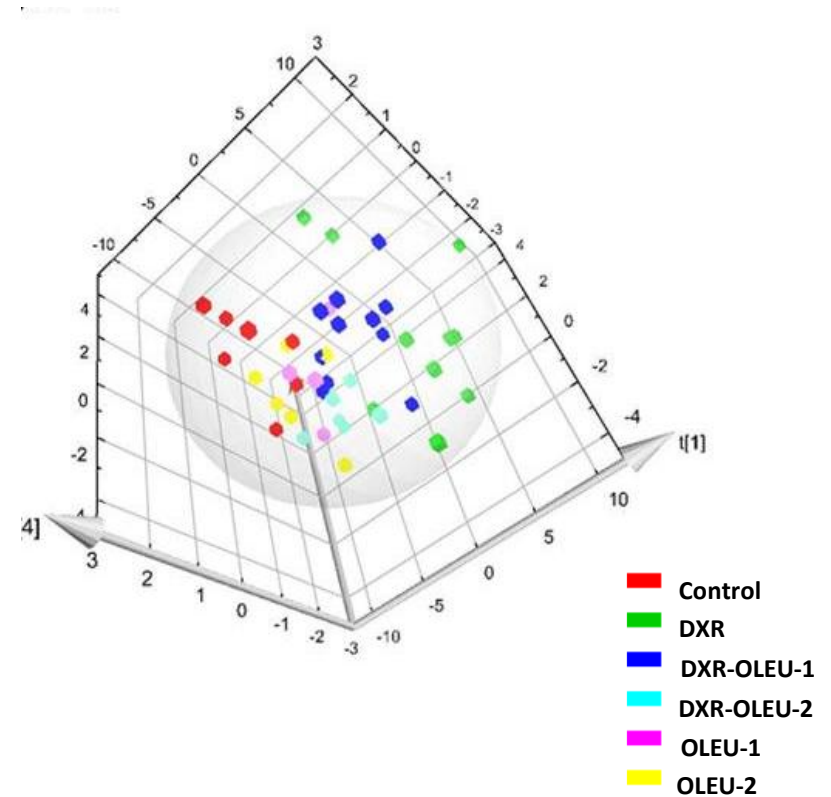
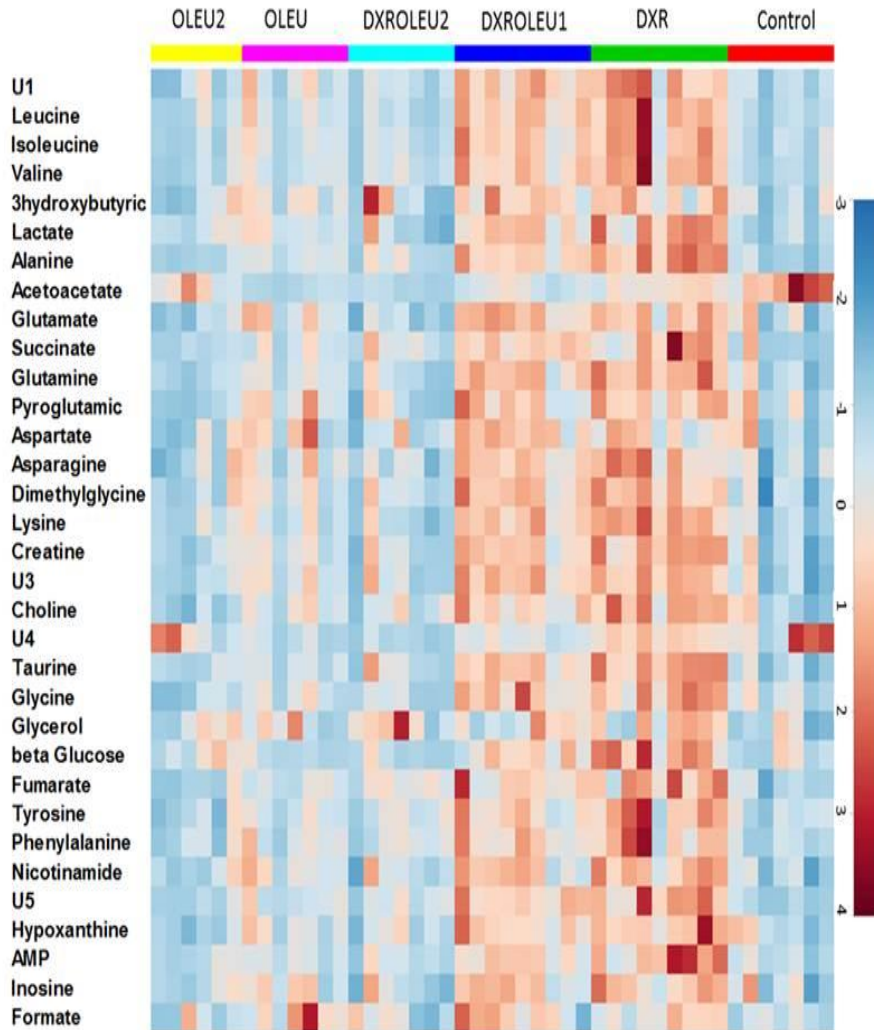
B

Phospho AMPKa(Thr172)
Total AMPKa





NMR Metabonomics showed a clear distinction between *the study groups*





The metabolites responsible for this distinction are related to the energy metabolism and the remodeling events in the failing heart

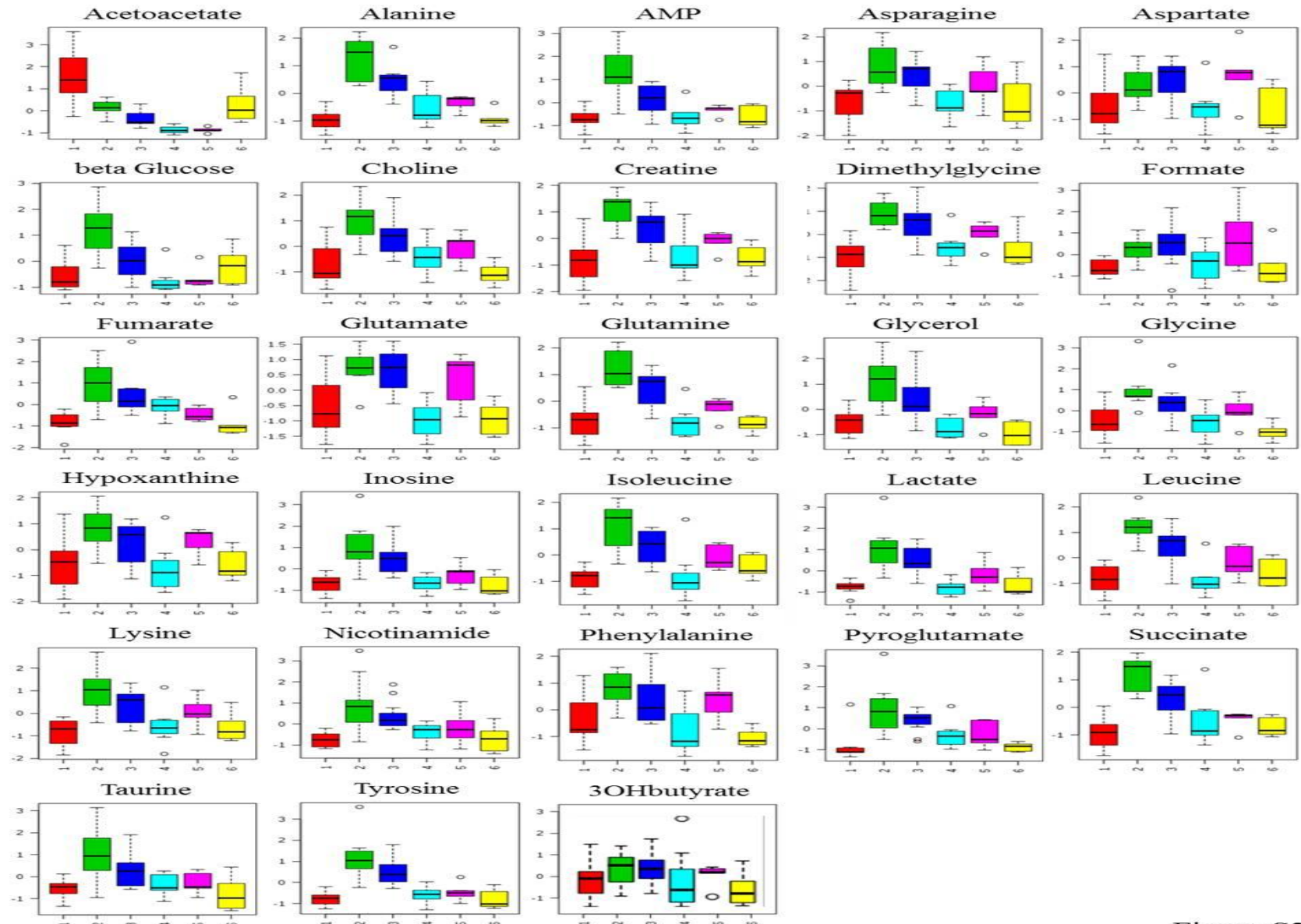


Figure S3



The activation of AMPK by oleuropein seems to be the key point of the restoration of the levels of amino acids and protein biosynthesis

Increase of all amino acids suggests that protein degradation is increased in the failing heart

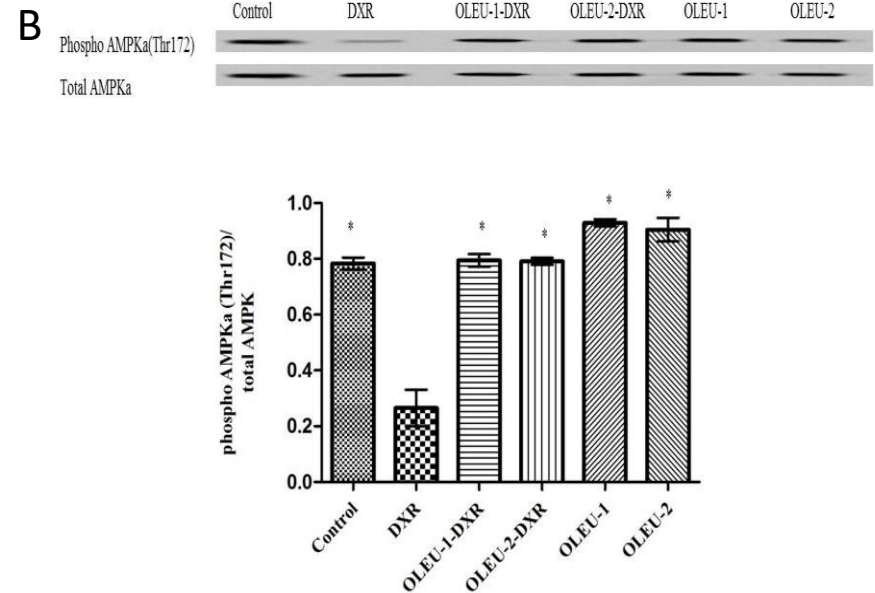
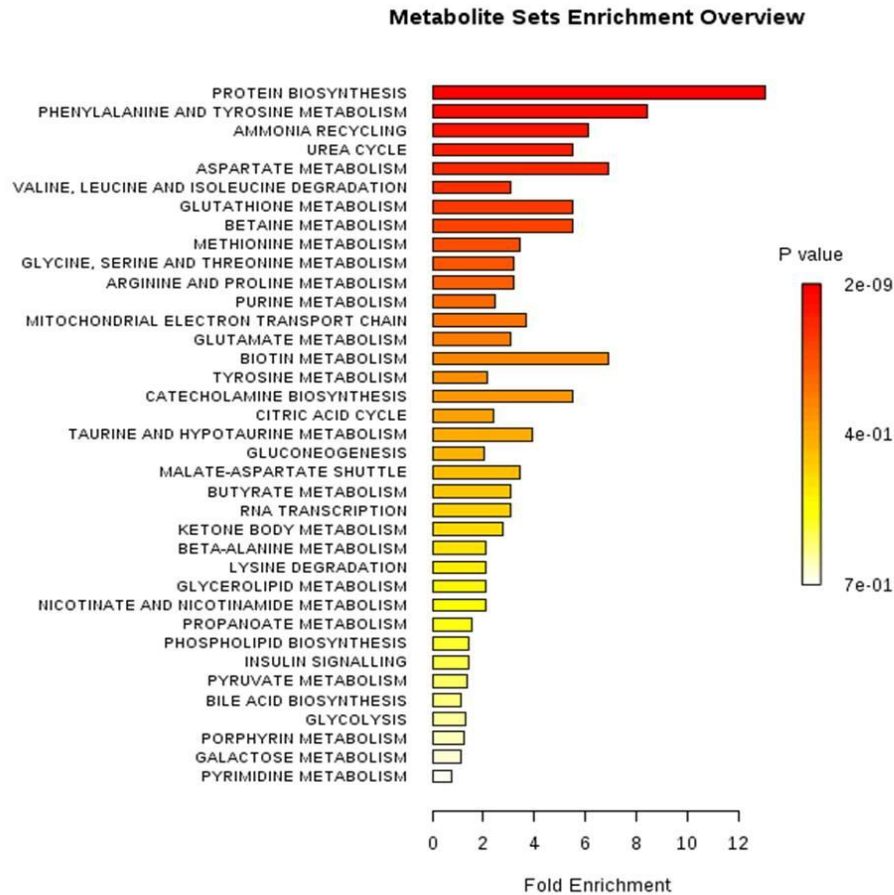
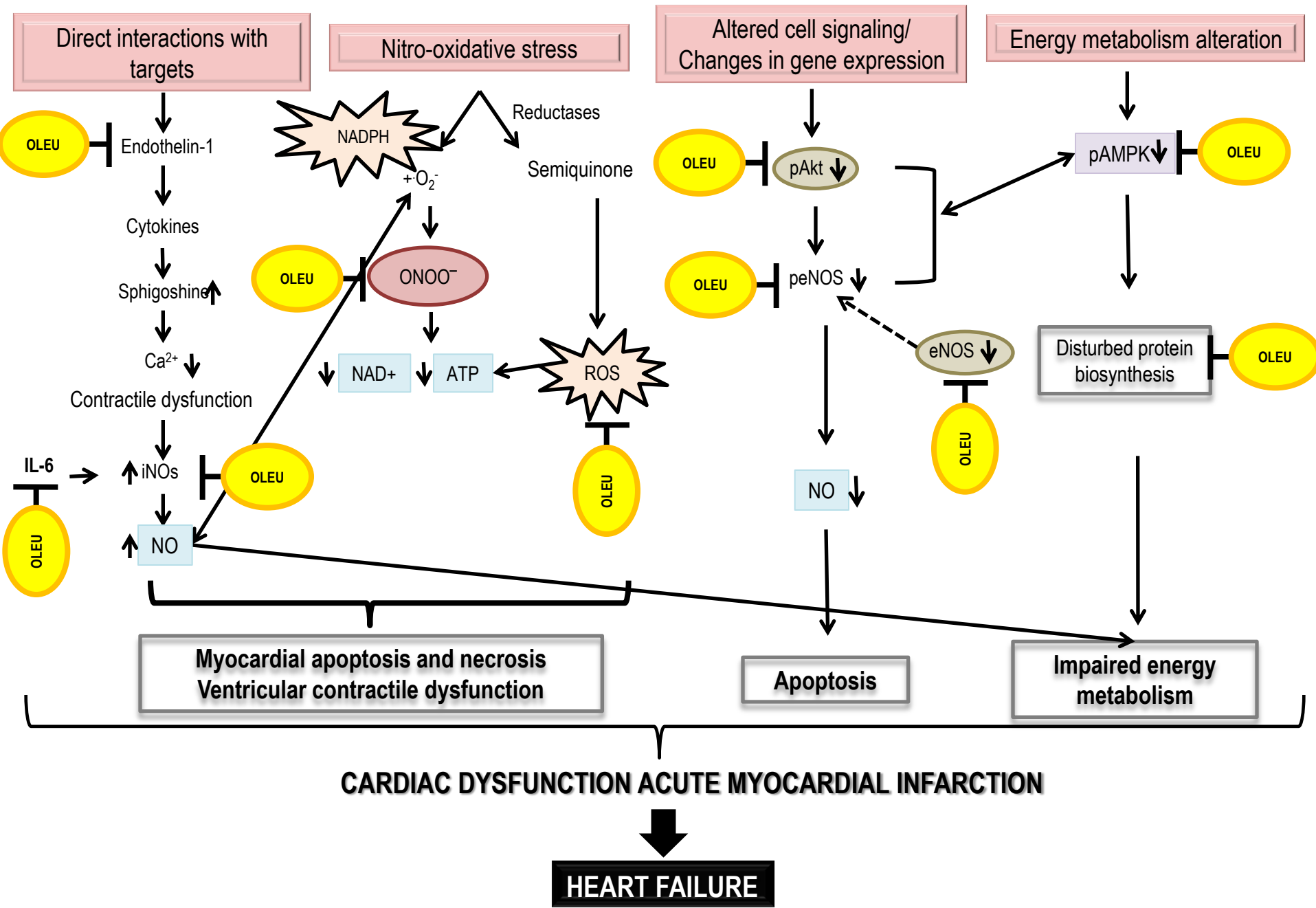


Figure S4

CONCLUSION





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